

## Online Workshop on the Role of Panchayat in Menstrual Health Management

### The proposed workshop would like to discuss:

1. The role of Panchayat in MHM;
2. Promote Sanitary Napkin Enterprise at Grassroots;
3. Menstrual Waste Management; and
4. MHM for girls and women in vulnerable position.

### Who Can Participate?

PRI Functionaries, School Teachers, SHGs and NGOs

### Duration

22-23 April, 2021

### Methodology

Presentation, Interactive Session, and Poll/Quiz.

### Programme Coordinator

#### Dr. Vanishree Joseph

Assistant Professor  
CPRDPSSD, NIRDPR  
vanishreej.nird@gov.in

### Registration link

<https://forms.gle/aYFzmpD3YzXCQ>  
[VEP7](#)

Menstrual hygiene is a subject matter of deep concern in India where women, especially in rural areas face challenges in acquiring hygienic absorbents and develop health risks. Menstruation is associated with the onset of puberty in girls and many a times, it brings with it rules, restrictions, isolation and changed expectations from the girls by the society. This attitude towards girls such as restrictions on their self expressions, schooling, mobility and freedom has far reaching consequences on the mindset of women.

Lack of adequate information on sanitation and hygiene facilities, particularly in public places like schools, workplaces or health centres can pose a major obstacle to women and girls. Only less than 18 per cent of Indian women use sanitary pads. The latest National Family and Health Survey found that 58 per cent of young Indian women (15-24 years) use a hygienic method of protection (mostly sanitary pads), a significant increase from the 12 per cent using pads. This is, no doubt, a consequence of greater attention to menstrual hygiene management over the past few years in India. But, still the process needs to be accelerated at grassroots. Panchayati Raj Institutions, especially, Gram Panchayat which is closer to people and its access to other local institutions at village level, can be enhanced for Menstrual Health Management (MHM).

This workshop would like to discuss how to enhance the capabilities of Gram Panchayat in MHM and what panchayats can do to promote MHM and Sanitary Napkins among girls and women – ‘Pad Kranti’. Also, how Gram Panchayats can help and facilitate Community Based Organizations (CBOs) and NGOs to promote Sanitary Napkin Enterprise (SNE) which can make affordable napkins.

e-certificate will be issued after completing the workshop.

*These ToTs are being organized by NIRDPR as a part of MoPR-RGSA sponsored project – Transforming India through Strengthening PRIs by continuous Training and e-Enablement (TISPRI)*