

## NATIONAL WEBINAR ON

# Preventive healthcare and Promoting healthy lifestyle

(December 23, 2021 at 2.30 PM to 5.15 PM)

## Inauguration



**Dr. Ravindra S. Gavali**  
Director  
NIRDPR-NERC  
Guwahati



**Shri. I. Venkateshwarlu, IAS (Rtd)**  
Former Commissioner of  
Endowments, Govt. of A.P & Health  
Writer

## Speakers



**Shri. Jagannath Chatterjee**  
Health campaigner  
Odisha



**Dr. Manisha Choudhury**  
Faculty  
Dept of Food Science and Nutrition  
Assam Agricultural University, Jorhat.



**Brig. H. M. Pant**  
Holistic Healer &  
Wellness coach'  
Bhimtal, Uttarakhand



**Dr. T. Vijaya Kumar**  
Associate Professor & Webinar  
Coordinator

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**NATIONAL INSTITUTE OF RURAL DEVELOPMENT & PANCHAYATI RAJ**  
(Ministry of Rural Development, Government of India)  
**North Eastern Regional Centre, Guwahati, Assam.**

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**National Webinar on**  
**Preventive healthcare and Promotion of Healthy lifestyle**  
(December 23- 2021: Time: 2.30 PM. to 5.15 PM)

**Programme Schedule**

Online: WebEx digital platform

Time	Session	Resource Person(s)
<b>Thursday: 23.12.2021</b>		
2.30 -2.35	Participants joining	Webinar Team
2.35-2.40	Welcome	<b>Dr.T.Vijaya Kumar</b> Associate Professor NIRDPR NERC, Guwahati.
2.40 -2.45	Opening Remarks	<b>Dr.Ravindra S.Gavali.</b> Director NIRDPR NERC, Guwahati.
2.45-3.00	Inaugural Address	<b>Shri.I.Venkateshwarlu, IAS(Rtd.)</b> Former Commissioner of Endowments Govt.of A.P & Health Writer
3.00- 3.30	Health Barriers for Rural and Tribal Population	<b>Shri. Jagannath Chatterjee</b> Health Activist Odisha
3.30 -4.15	Nutrition for Preventive Health	<b>Dr. Manisha Choudhury</b> Faculty, Dept. of Food Sciences and Nutrition, Assam Agricultural University, Jorhat. Assam
4.15 -5.00	Healthy Life Style	<b>Brig. H.M.Pant (Rtd)</b> Holistic Healer & Wellness coach Bimtal, Uttarakhand
5.00 -5.15	Wrap Up and Vote of thanks	<b>Dr.T.Vijaya Kumar</b> Associate Professor,NIRDPR NERC.Guwahati. Assam.

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