





NRLM HAND BOOK ON SOCIAL INCLUSION (Tribal, PwD and Elderly)









NRLM Resource Cell

National Institute of Rural Development & Panchayati Raj

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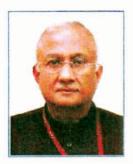
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राष्ट्रीय ग्रामीण विकास एवं पंचायती राज संस्थान

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Foreword

National Rural Livelihoods Mission (NRLM) is a unique attempt to empower the poor, building their capacities and augment their capitals - SOCIAL, HUMAN, FINANCIAL, PHYSICAL, ENVIRONMENTAL, POLITICAL and CIVIC. It is probably the only scheme where the people concerned are in the central place and they decide their priorities. Of course, support is provided from outside but only in tune with people's priorities and needs.

Even in this paradigm of development there is need for conscious and proactive steps to ensure inclusion of the poorest of the poor and other vulnerable sections particularly Scheduled Castes, Scheduled Tribes, women headed families, destitute, people with disabilities, trafficked women, people engaged in unhygienic occupation, transgender, those suffering from chronic diseases and so on. In the normal course many families from such groups may not get integrated into the SHG system.

This constitutes the social justice element of NRLM and requires high level sensitization followed by building capacities of all the stakeholders. The NRLM Resource Cell of NIRD&PR has developed a Handbook focusing on inclusion of such groups. It is expected that this would further the agenda of social inclusion and antyodaya.

(S. M. Vijayanand)



राष्ट्रीय ग्रामीण विकास एवं पंचायती राज संस्थान

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Acknowledgements

NRLM Resource Cell at NIRD&PR, Hyderabad has its mandate to train and develop a few thousands of rural development professionals across the country on various thematic areas *viz.*, Social Inclusion, Social Development, Livelihoods and Convergence etc.,

To improve the skill, knowledge and attitude of the field functionaries for better implementation of NRLM objectives and to enhance managerial capacities. NRLM (RC), Hyderabad developed a Training Module on Social Inclusion (Tribal, PwD and Elderly) which ensure a great help to all the SRLMs, TOTs for conducting training programs at various levels.

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We care for the environment

ACRONYMS

ВК	Book Keeper
BL	Bank Linkage
BMMU	Block Mission Management Unit
BRLPS	Bihar Rural Livelihoods Promotion Society
СА	Community Activist
CBRM	Community Based Recovery Mechanism
СС	Cluster Coordinator
CIF	Community Investment Fund
CLF	Cluster Level Federation
СМ	Community Mobilizer
СОМ	Community Operational Manual
CRP	Community Resource Person
CSF	Community Support Fund
DCB	Demand Collection Balance
DMMU	District Mission Management Unit
EC	Executive Committee
FGD	Focused Group Discussion
GB	General Body
GBV	Gender Based Violence
HR	Human Resource
ILM	Interactive Lecture Method
LGD	Large Group Discussion
МСР	Micro Credit Plan
MPR	Monthly progress report
NABARD	National Bank for Agriculture and Rural Development
NRLM	National Rural Livelihoods Mission
NTFP	Non Timber Forest Produce
ОВ	Office Bearers
EC	Executive Committee
PIP	Participatory identification of Poor

PRA	Participatory Rural Appraisal
PPA	Participatory Poverty Assessment
PRI	Panchayati Raj Institution
РТМ	Participatory Training Methodology
RBI	Reserve Bank of India
RF	Revolving Fund
RGMVP	Rajiv Gandhi Mahila Vikas Pariyojana
SERP	Society for Elimination of Rural Poverty
SGD	Small Group Discussion
SHG	Self Help Group
SIRD	State Institute of Rural Development
SMMU	State Mission Management Unit
SRLM	State Rural Livelihoods Mission
VLF	Village Level Forum
VO	Village Organization
VRF	Vulnerability Reduction Fund
VRP	Vulnerability Reduction Plan
SECC	Socio Economic Caste Census
PVTG	Particularly Vulnerability Tribal Groups
AHT	Anti Human Trafficking
PwD	Person with Disability
OAP	Old age Pension
IAY	Indira Aawas Yojana
MGNREGA	Mahatma Gandhi National Rural Employment Guarantee Act
ICDS	Integrated Child Development Scheme
DDU-GKY	Deen Dayal Upadhyay –Gramin Koushal Yojana
GP	Gram Panchayat
LF	Livelihood Fund
PRP	Professional Resource Person
SSA	Sarva Shikasha Abhiyan
NRHM	National Rural Health Mission
ΡΑΥ	Pradhan Manthri Aawas Yojana

CMSA	Community Managed Sustainable Agriculture
MFP	Minor Forest Produce
EDP	Entrepreneurship Development Program
IGA	Income Generating Activities
RSETs	Rural Self Employment Training Institutes
BDS	Business Development Scheme
TRIFED	Tribal Cooperative Marketing Development Federation of In
VKY	Vanbandhu Kalyan Yojana
TSP	Tribal Sub-Plan
MDP	Management Development Program
STDCCs	State Tribal Development Cooperative Corporations
NSTFDC	National Scheduled Tribe Finance and Development Corporation
SVEP	Startup Village Entrepreneurship
PESA Act	Panchyat Extension to Scheduled Areas Act
CBR	Community Based Rehabilitation
CLDF	Cluster Level Disability Federation
CDW	Community Development Worker
NIMH	National Institute of Mentally Handicapped
NIVH	National Institute of Visually Handicapped
NIHH	National Institute of Hearing Handicapped
NIOH	National Institute of Orthopedic Handicapped
NIPMAD	National Institute of Persons with Multiple Disability
NHFDC	National Handicapped Finance Development Corporation
IPH	Institute of Public Health
NIRTAR	National Institute of Research Training and Rehabilitation
BIRRD	Balaji Institute of Research and Rehabilitation for Disabled
NCPEDP	National Centre for Promotion of Employment for Disabled Persons
ТНРІ	Thakur HariPrasad Institute
APD	Association for Persons with Disabled
NGOs	Non Government Organizations
CSR	Corporate Social Responsibility

Utility Note

Introduction:

The Government of India (GoI) established the National Rural Livelihoods Mission (NRLM) in June 2010 to implement the new strategy of poverty alleviation woven around community based institutions, which is renamed as "Aajeevika". The programme was formally launched on 3rd June, 2011 at Banswada, Rajasthan and is being implemented in a mission mode across the country.

Core belief:

The core belief of National Rural Livelihoods Mission (NRLM) is that the poor have **innate capabilities and a strong desire to come out of poverty**. The challenge is to unleash their capabilities to generate meaningful livelihoods and enable them to come out of poverty. NRLM focuses on universal inclusion of the poor, prioritizing the poorest of the poor, identified through participatory processes and converted into institutions of the poor that are supported to leverage formal credit and access services and benefits meant for the poor, as well as develop innovative community led interventions leading to sustainable livelihoods and improved quality of life.

Mission:

The mission of NRLM is "to reduce poverty by enabling the poor households to access gainful self-employment and skilled wage employment opportunities, resulting in appreciable increase in their incomes, on a sustainable basis through building strong grassroots institutions of the poor. These institutions enable and empower the poor households to build-up their human, social, financial and other resources, solidarity, voice and bargaining power. They, in turn, enable them to access their rights, entitlements and opportunities."

NRLM Values:

The following core values shall guide all the activities under NRLM:

- strong belief in the capacities and skills of the poor;
- providing a meaningful role for the poor in all project processes planning, implementation and monitoring;
- promotion of transparency and accountability in CBOs; and
- Reducing their dependence on external support agencies.

Guiding Principles:

The following principles inform all the activities of the Mission:

• poor have a strong desire to come out of poverty, and have innate capabilities to realize the same;

- social mobilization and building strong institutions of the poor are critical for unleashing the innate capabilities of the poor; and
- A dedicated and sensitive support mechanism is required to induce the social mobilization, institution building and the empowerment process and facilitating knowledge dissemination, skill building, access to credit, access to marketing and access to other livelihoods services would facilitate the upward mobility of the poor.

About the Hand book on Training Module outlines:

The hand book on Social Inclusion training module outlines is prepared with the objective to support SRLMs on various capacity building activities. These out lines are prepared to provide training to SHG members, Leaders, Cadres, Staff and trainers. It basically aims at providing session plans along with the resource material for the same in order to help the trainers who will impart training to Staff and other stake holders, who either lack in content or develop the same or do not have enough material to refer. Besides, it aims at developing the comprehensive understanding among the trainers. It is to be noted that these are suggested module outlines which intends to help the trainers across the SRLMs and also to address their needs of training materials.

Let us first focus on what needs to be done prior to imparting training to Staff and other stake holders. Firstly, it is expected that SRLMs should identify and create a pool of trainers at the state level who will undergo training on these different thematic and they will be called as Trainers of Trainers (ToTs). Secondly, SRLMs need to identify and build a cadre of trainers at district and block level. Thirdly, the trainers at SRLM will impart training to the identified district level trainers who will eventually become the part of trainer's fraternity and this process needs to be followed on a regular basis in order to meet the demand of staff and other stake holders for a period of initial three years.

Once we have enough number of trainers identified and trained at state level, the focus shall be on building the capacities of the staff. The detailed Abstract of training outlines is being attached in order to develop understanding about the Social Inclusion training module outlines.

The training methodology in the programme shall be essentially participatory and interactive, combining various methods like – Interactive Lecture Method (ILM), Small, Focused and Large group discussions, brainstorming, experience sharing, group work, role plays, flip charts, exercises, case studies, training films, pre-and post-training questionnaires, diagramming, mapping and most importantly field immersion to resource SHGs, VOs and Resource Blocks (RBs) followed by action plans.

Some Do's and Don'ts for Trainers:

The trainer team is expected to use this hand book as a ready reference base volume for preparing for theme based sessions as per the design-brief and tips for facilitators, included in each session/topic. The trainer team is expected to prepare their own power point presentations, flipcharts or other audio-visual support aids based on the content in each topic. Typically, at least one-third of the time should be devoted to question and answer and experience sharing sessions. This could be towards the end of a session. By and large, the trainer team is free to adopt any other methodology which he finds more suitable or else methodology suggested in the module can be followed. The content delineated in each session, although, minor changes/innovations can be made, as per local needs/time-spills. The trainer team is expected to ensure gender-friendly behavior, seating arrangement and proactive encouragement to mainstream participation of the staff. Also, the trainer team is expected to exercise tactful handling of dominators - not allowing them to monopolize discussions and drawing in the shy and inhibited to participate with more ease and confidence.

Before every session, the trainer team is expected to keep all handouts to be distributed ready, along with all training media and material required for effective conduct of the session. During the session, the trainer team is expected to demonstrate good inter-team communication skills, by way of working in smooth coordination i.e. if one member is the key facilitator for a session, then other team members are facilitating the discussion and recording of emerging views. At no stage, they are to engage in conflict or contradictions of each other's views. After every session, the trainer/trainer team is expected to review the effectiveness of the session through quick on the spot feedback of the participants, both verbal and non-verbal, elicit views of the trainer team members on what worked well, what could be improved and what went wrong, which requires rectification in future. Typically at least one-third of the time should be devoted to question & answer and experience sharing sessions.

The "mantra" for trainers for effective training is to know and prepare well for the subject/training to be delivered, facilitate learning through interactive processes, build confidence of participants through effective inter-personal communication and analyze the strengths and weaknesses of every session/training conducted for continuous striving for excellence.

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NRLM Social Inclusion

NRLM has a special focus on **priority and early inclusion** of the poorest of the poor and other vulnerable sections of community viz., Households automatically included by the SECC, Schedule Caste (SC), Schedule Tribe (ST), Particularly Vulnerable Tribal Groups (PVTGS), women headed families, elderly persons, People living with different abilities (PwDs), minority groups and people living in extremist affected areas, hill terrains (hard to reach areas), trafficked women, people engaged in unhygienic occupations (ex-manual scavengers), transgender, HIV/AIDS+ persons and their families, families with one or more persons suffering from chronic illness etc.

Accordingly, NRLM tries and achieves complete inclusion of the entire target including the poorest and vulnerable communities into their institutional architecture within a period of initial 18 months of entering an intensive block. NRLM expects the vulnerable persons to take significant proportion of leadership positions in various community institutions under NRLM. Further, NRLM facilitates these institutions in achieving their financial and economic/livelihoods inclusion and poverty reduction goals.

Towards this end, the following needs to be done -

Sensitization and Getting Ready

- Draw lessons from existing pilots on Disability, AHT, Manual Scavenging, Legally released Labour, PVTGs, other tribal inclusion, and take steps to wrap-up these pilots for scaling-up and mainstreaming through universal and regular social mobilization processes
- Customize and finalize the processes, norms, funds to community, timelines etc., with due consideration of their reality, for inclusion of various poorest and vulnerable communities, groups and persons; These may include -
 - Relaxation in group and institutional norms, panchasutra and other procedures; group size could be 5-20 members, depending on the context (distance, sparsely populated habitations, hilly areas, IAP- Integrated Action Plan areas. PwDs, Elderly etc.); membership can be open to males and females, in case of PwDs and Elderly.
 - Entry point activities aimed at particularly vulnerable groups/communities
 - Choice to vvulnerable members to continue in/join existing SHG or join a new SHG with the members of vulnerable group/community
 - Representation by the caretakers/guardians of the PwDs in their SHGs, apart from the SHG membership to the caretaker/guardian in her SHG
 - Priority mobilization of the poorest and vulnerable first





- revised protocols for CRP, Senior CRP and Trainer Rounds; augmenting the teams for these rounds appropriately
- mandating these rounds, active women and village organization with complete inclusion agenda
- Complete (at least 80%) Inclusion and Saturation within 18 months of entering a Cluster in the Block; this can be a trigger for funding to VOs and CLF
- No exclusion
- VO's Declaration of saturation of mobilisable vulnerable in the fold of SHGs (within 18 months of entering the village) and their representation in VO including in leadership positions
- Presentation of Poverty data/indicators of the SHG members to Aam Sabha/Gram Sabha at the end of CRP round and VO's Presentation of Progress on these indicators every year thereafter; this data may also be captured in the MIS for each Household, including SECC autoincluded and at least 1-deprivation households
- SHG Federations taking all SHGs including Special SHGs for the vulnerable as their members with due representation; in addition, members/SHGs of a particular vulnerable group/community reserve the right to be federated as a separate/exclusive federation and/or solidarity federation at appropriate levels
- Identification and nurturing 1-2 Activists responsible for Complete Inclusion, Gender, Social Development and Convergence; payment of honorarium etc., as internal CRP
- A portion of Vulnerability Reduction Fund with flexible terms to meet the specific needs of the vulnerable, in addition to availability of/access to RF, CIF, VRF, Livelihoods Fund etc. It may be noted that CIF, VRF and LF provided to the community institutions is on per member basis. The entitlement is higher by 50% per vulnerable member. This could be higher by 100% per PVTG member.
- o Priority Bank Linkage
- Access to Social Security and other schemes applicable to these groups/communities
- Priority for the vulnerable and vulnerability needs in Micro plans
- Poverty/Vulnerability Analysis in the village, evolution of Vulnerability Reduction Plan (VRP) and institution of Annual VRP process; mobilizing funds for rolling-out VRP
- Sensitize all staff on social inclusion (and convergence) and its processes immediately through sensitization workshops at state and district level





- Build Trainers and Resource Persons at State, District, Block and Community levels on Inclusion of vulnerable groups and communities; Ready the Modules, Material and CB architecture for the same
- Train, take on immersion and exposure, and equip CRPs, Senior CRPs, Community Trainers and PRPs to go ahead with upfront inclusion of the poorest and vulnerable, including tribal communities, PVTGs, PwDs and Elderly, starting with the CRP rounds itself;
- Initiate steps, including establishing Resource Cell(s), to add/create additional CRPs, Senior CRPs, Community Trainers and PRPs with Inclusion orientation, tools and skills, as early as possible
- Line up and partner with appropriate and competent Technical Support/Resource Agencies
- Take up a 3-month campaign for sensitizing existing community cadres including Active Women, community leaders, community institutions (SHGs and Federations) and other stakeholders on total/complete inclusion and prioritization for poorest and vulnerable in all elements of NRLM action and agenda

Specific Social Inclusion Protocols at Village and Cluster levels

- Prepare the village for CRP round; CRP round initiates mobilization (of all poor including poorest and vulnerable groups and communities) and strengthening existing SHGs; Presentation of Poverty Status of SHG members to AamSabha; Identified and trained Active women, and PRP follow-up on and mobilize more people into SHGs
- Facilitate RF to SHGs
- Facilitate Community Trainers' round this round sensitizes members, leaders and cadres on Inclusion and Prioritization of the poorest and vulnerable in micro plans
- Facilitate access to CIF
- Facilitate Senior CRP rounds these rounds take up formation of Village Organization, development of its Vision for complete inclusion, evolution of VRP and use of VRF for addressing the needs of the vulnerable and tracking the Progress of the members out of Poverty
- Facilitate access to VRF
- Facilitate Bank Linkages
- Facilitate Insurance Coverage and/or Mutuals
- Facilitate Exclusive Federations of the vulnerable, if required, at appropriate level(s)
- Facilitate Livelihoods Planning and Access to Livelihoods Fund
- Facilitate Convergence Plan and its roll-out; these plans to include
 - Key entitlements and schemes like NSAP (OAP, Disability Pension and Widow Pension), IAY, MNREGS, ICDS, Janani SurakshaYojana, Jan Dhan Scheme,





DDU-GKY, Janashree Bhima Yojana, AABY, RSBY or any other State/Central schemes for vulnerable families;

- Agriculture and rural development schemes for reducing vulnerability conditions (deprivation);
- Plans for exclusive Food, Nutrition, Health, and WASH activities;
- Special plans for Tribal Communities, PVTGs, Mahadalits etc.;
- Plans to work with GP; and
- Special Plans to work with Civil Society and Corporate Social Responsibility efforts
- Consolidate these plans at GP and Cluster levels dovetail these plans further so that leveraging with the specific scheme/department/stakeholder could be pressed and followed-up





Tribal Inclusion



NRLM realizes tribal communities in general and the particularly vulnerable tribal groups in particular require nuanced local customization and sensitive support. The traditional institutions, Panchayats Extension to Scheduled Areas, Forests and other common resources, Resource Endowment and ownership patterns, Cultural Mileu, Terrain and Remoteness etc., in tribal areas and the constitutional safeguards, rights and entitlement endowments, intra tribal inequities and their tenuous relationships with non-tribal communities call for differential protocols fro including tribal communities and particularly vulnerable tribal groups.

It may be appreciated that we have three situations of working with tribal communities – exclusive tribal areas, with/without habitations for specific tribes; exclusive tribal habitations; and tribal households in general villages. Particularly Vulnerable Tribal Groups may or may not co-exist in the same habitations with other tribal communities, depending on the area, tribe and habitation.

In this context, Specific Protocols for Tribal Inclusion include -

 Appreciate the socio-economic cultural profile of the tribal communities; Draw lessons from existing pilots on tribal and PVTG inclusion, if any; Customize and finalize Inclusion processes, norms, funds to community, timelines etc., with due consideration of their (tribal communities in scheduled and tribal sub plan and tribalmajority areas; Particularly Vulnerable Tribal Groups; tribal habitations outside these areas; and tribal households amidst general population) reality; These may include -





- Prioritization to work with tribal areas, PVTG and other tribal habitations, and tribal households first
- Relaxation in group and institutional norms, panchasutra and other procedures; group size could be 5-20 members, depending on the context (distance, sparsely populated habitations, hilly areas, IAP- Integrated Action Plan areas, etc.); savings could also be in kind; frequency of savings could be customized
- Entry point activities aimed at particularly vulnerable tribal groups and other tribal communities; These activities may address the local social problems like food insecurity, malnutrition etc., issues around common resources and collectivization
- Priority mobilization of the PVTGs first, Tribal households first in general population
 - revised protocols for CRP, Senior CRP and Trainer Rounds; augmenting the teams for these rounds appropriately
 - mandating these rounds, active women (2-3 active women in each habitation/village) and village organization with complete inclusion agenda
 - Complete (at least 80% of all tribal households except auto-excluded households in SECC) Inclusion and Saturation within 18 months of entering a Cluster in the Block; this can be a trigger for funding to VOs and CLF
 - VO's Declaration of saturation of mobilisable vulnerable in the fold of SHGs (within 18 months of entering the village) and their representation in VO including in leadership positions
 - Presentation of Poverty data/indicators of the SHG members to Aam Sabha/Gram Sabha at the end of CRP round and VO's Presentation of Progress on these indicators every year thereafter
- SHG Federations taking all SHGs including Special SHGs for the vulnerable as their members with due representation; in addition, members/SHGs of a particular vulnerable tribal group/community and other tribes reserve the right to be federated as a separate/exclusive federation and/or solidarity federation(s)at appropriate levels
- Identification and nurturing 1-2 Activists responsible for Complete Inclusion, Gender, Social Development and Convergence; payment of honorarium etc., as internal CRP
- \circ $\;$ Involving traditional leadership in various aspects of the entire effort
- Capacity Building focus may also be on enhancing the productivity of traditional agriculture, on forestry and Non-timber forest produce, on PESA,





on ST legal support, traditional cultural practices, health and nutrition, education etc.

- Vulnerability Reduction Fund with flexible terms to meet the specific needs of the PVTGs and other tribal households, in addition to availability of/access to RF, CIF, VRF, Livelihoods Fund etc. It may be noted that CIF, VRF and LF provided to community institutions is on per member basis. The entitlement is higher by 50% per vulnerable member. This could be higher by 100% per PVTG member. Release of significant portion of VRF on VO's formation.
- Priority Bank Linkage
- Alternative Financing Institutions/Structures/Mechanisms, where bank density is low
- Access to Social Security and other schemes applicable to these groups/communities
- Priority for the vulnerable and vulnerability needs in Micro plans
- Poverty/Vulnerability Analysis in the village, evolution of Vulnerability Reduction Plan (VRP) and institution of Annual VRP process; mobilizing funds for rolling-out VRP; For tribal communities, Vulnerability Analysis need to focus additionally on
 - access and adequacy of food, water, fuel wood, basic entitlements,
 - schooling, basic healthcare, traditional medicine
 - land/resource alienation, land/resource use, common property resources, forestry, non-pesticide and organic agriculture/horticulture and other natural produce
 - seed banks, grain banks, and other collectivization efforts and possibilities
- Sensitize all staff on tribal inclusion (and convergence) and its processes immediately through sensitization workshops at state and district level
- Build Trainers and Resource Persons at State, District, Block and Community levels on Inclusion of vulnerable groups and communities; Ready the Modules, Material and CB architecture for the same
- Train, take on immersion and exposure, and equip CRPs, Senior CRPs, Community Trainers and PRPs for upfront inclusion of PVTGs and other tribal communities, starting with CRP rounds itself;
- Initiate steps, including establishing Resource Cell(s), to add/create additional CRPs, Senior CRPs, Community Trainers and PRPs, with Inclusion orientation, tools and skills, as early as possible
- Map and create a pool of resource persons at state, district, block and community levels in the tribal inclusion and development domain and deploy them systematically





- Line up and partner with appropriate and competent Technical Support/Resource Agencies
- Take up a 3-month campaign for sensitizing existing community cadres including Active Women, community leaders, community institutions (SHGs and Federations) and other stakeholders on total/complete inclusion and prioritization for PVTGs and other tribal communities in all elements of NRLM action and agenda

Specific Social Inclusion Protocols at Village and Cluster levels

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- Facilitate Community Trainers' round this round sensitizes members, leaders and cadres on Inclusion and Prioritization of the poorest and vulnerable in micro plans
- Facilitate RF to SHGs and access to CIF
- Facilitate Senior CRP rounds these rounds take up formation of Village Organization, development of its Vision for complete inclusion, evolution of VRP and use of VRF for addressing the needs of the vulnerable and tracking the Progress of the members out of Poverty
- Facilitate access to VRF
- Facilitate Bank Linkages and Facilitate Insurance Coverage and/or Mutual's
- Facilitate Exclusive Federations of the vulnerable, if required, at appropriate level(s)
- Facilitate Livelihoods Planning and Access to Livelihoods Fund
- Facilitate Convergence Plan and its roll-out; these plans to include -
 - Key entitlements and schemes like NSAP (OAP, Disability Pension and Widow Pension), IAY, MNREGS, ICDS, JananiSurakshaYojana, Jan Dhan Scheme, DDU-GKY, Janashree BhimaYojana, AABY, RSBY or any other State/Central schemes for vulnerable families;
 - Agriculture and development schemes for reducing vulnerability conditions (deprivation);
 - Plans for exclusive Food, Nutrition, Health, and WASH activities;
 - Special plans for specific Tribes and PVTGs;
 - Plans to work with GP including GPDP and MGNREGS; and
 - Special Plans to work with Civil Society and Corporate Social Responsibility efforts
- Consolidate these plans at GP and Cluster levels dovetail these plans further so that leveraging with the specific scheme/department/stakeholder could be pressed and followed-up





I. Training on Tribal Development to Trainers

S. No	Time	Topic	Sub-Topics	Methodology
1	1.00 hr	Introduction on tribal society	Tribal civilization Tribal Culture in India Tribal Traditions in India Adivasis (aborigins)	ILM, Brain Storming
2	2.00 hrs	Tribal History in India	Tribal through Ages and their Aboriginality Ancient names Language Literature History of marginalization of tribal people in India > Pre colonial > Colonial > Post independence Concept of Tribe Concept of Schedule Tribe Difference between tribe and Schedule tribe	ILM, SGD
3	1.00 hr	Tribal Inclusion	Tribes Inclusion Tribes as indigenous people Tribes in transition	ILM, SGD
4	1:00 hr	Classification of Tribes	 Geographical distribution of the Tribals: Himalayan Region Middle India Region Western India Region South India Region The Island Region 	ILM, Brain Storming
5	2:00 hrs	Tribal Issues	Geographical Isolation Primitive traits Distinct Culture Self detachment Money lending Peripatetic traders Non tribal penetration Indebtedness Land alienation Forest laws and livelihood security Extremism Changing Markets & impact on subsistence economy Economic backwardness	ILM, SGD, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
			Lack of credit facilities De forestation Ecological degradation	
6	3.00 hrs	Particularly Vulnerable Tribal Groups (PVTGs)	 Who are the PVTGs Diminishing population Socio -economic conditions Extinct tribal groups Hunting - Gathering economy Hunters, Fishers and Food Gathering Most under developed Barter system Subsistence Economy Band Organization Typical Ecological setting Primitive technology Shifting (Podu) cultivation Undeveloped language Behavior pattern Reciprocity Trade Political Organization Cultural barriers 	ILM, SGD
7	2.00 hrs	Problems of PVTGs	 Socio-cultural Problems Economic Problems Educational Problems Health and Hygiene Problems 	ILM, SGD
8	2.00 hrs	Strategies for PVTGs Development	 Identification of PVTGs (75 PVTGs) Mobilization Building Institutions Capacity Building Rights and entitlements Access to Financial Institutions Livelihood Promotion Social Development Convergence 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
9	3.00 hrs	Key Programs	 Health and nutritional Programs through ICDS Mid-Day meals Targeted Public Distribution System: Mobile medical and essential commodities distribution system Village grain bank scheme Safe drinking water Sanitation Malaria eradication system Electrification of Hamlets Education(SSA) Roads NRHM MGNREGS,PAY (Housing) Funds under Art 275 Inclusion - Formation of SHGs and Federations 	ILM, SGD
10	3.00 hrs	Schedule V (Constitutional provisions)	 Reservations (Education Institutions Government Parliament State Assemblies and Panchayats Fundamental Rights National Commission for STs Special Provisions Constitution of Tribal Advisory council (20Members) Governor -Convener Regulate allotment of land Regulate money lending business Development Programs Protective measures Land transfer regulations Legal aid Marketing of Agricultural and Minor Forest Produce Sale supply of essential commodities Bonded labour Recognition of Forest rights 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
11	2.00 hrs	Schedule-VI	 Autonomous District councils(30 Members) Autonomous Regions 5 Years tenure Making Land rules (Other than Reserved Forest) Water resources for Agriculture Regulation on Shifting cultivation Village committees Inheritance of property Primary schools Agriculture, Animal Husbandry Collection of Land revenue Imposition of Tax Grant of licenses Leases for minor Minerals Control money lending 	ILM, SGD
12	3.00 hrs	PESA Act 1996	 73rd Amendment Need and Importance of PESA act (Provisions of the Panchayat Extension to scheduled Areas Act,1996) Decentralized governance system Local self government Village / hamlet/tola etc., Gram Sabha Planning and Implementation Reservation of seats Land acquisition Excise Village Institutions Minor Forest Produce(MFP) Employment generation Land alienation Water Resources Control over Village Markets Money lending Reservation of Seats Mining lease for Minor minerals Poverty alleviation Programs 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
13	3.00 hrs	Forest and Tribals	 Importance of Forest Forest - Tribals relationship Tribal economy Various types of Benefits Forest Villages Minor Forest Produce Exploitation by contractors Forest Labour cooperatives Tribal Unrest Forest Act-1998 The Schedule Tribes and other Traditional Forest Dwellers Act-2006 	ILM, SGD
14	2.00 hrs	Rollout strategy for tribal	Need and importance of collectivization Steps in collectivization • Exclusively PVTGs • Hill area Tribals • Plain area Tribals • Mixed Tribals Need of Group formation	ILM, SGD
15	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on women Ways to come out 	ILM, SGD
16	2.00 hrs	Gender and Gender Roles	 Gender perspective of society Patriarchy Women Role in Society Gender Inequality 	ILM, SGD
17	1.00 hr	Gender-based Development	 How development of Women is development of society Women Literacy Women at work 	ILM, SGD
18	1.00 hr	Women's Rights	 Women's Status Right to Life, Right to Human Dignity & Security, Right to Development, Right to Participation Landmark legislation for protecting women's rights 	ILM, SGD
19	1.00 hr	Social Mobilization	 Need Tools-PRA, Skits, Nukkad Natak, Short-Films, Rallies, Posters, etc. 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Do's & Don'ts	
20	1.30 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of women SHG Formation process-when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
21	1.00 hr	SHG norms	 Importance Formation Process Formulation of norms - who, when and where Types of norms Financial Social Management Bank Account opening 	ILM, SGD
22	2.00 hrs	SHG - Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
23	1.00 hr	SHG –Savings & loans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Education / HealthInterestRepayments	
24	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	ILM, SGD
25	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, Short Film, Flip chart, Case study, Brain storming, Game
26	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Need Identification Do's & Don'ts Honorarium 	Flip-charts, Short-films, Case study, Game
27	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM





S. No	Time	Торіс	Sub-Topics	Methodology
28	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, Short Film, Flip chart, Case study
29	1.00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, Brain storming
30	2.00 hrs	SHG Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	ILM, Flip chart, Case study
31	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, Short Film, Flip chart, Case study
32	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)





S. No	Time	Торіс	Sub-Topics	Methodology
33	1.30 hrs	Village Organization & Norms	 Need and Importance Role of SHGs in VO formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process 	ILM, Flip chart, Case study, Brain storming, Short film
34	1.30 hrs	Tribe specific Federation	 Need and importance Objectives Structure based on the area Special provisions Relaxations (Financial & Non Financial) Simplified norms Specific needs & services Different CB modules 	
35	2.00 hrs	VO Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,VBK etc., Other issues (if any) Recording and reading minutes Signatures of members 	ILM, Flip chart, Case study, Brain storming, Short film
36	1.30 hrs	Functions of VO-General Body	 Importance Membership Delegated powers Responsibilities 	ILM, Flip chart, Case study, Brain storming, Short film





S. No	Time	Торіс	Sub-Topics	Methodology
			TenureFrequency of meetingMeeting processMeeting agenda	
37	1.30 hrs	Functions of VO-Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming
38	1.00 hr	Functions of VO- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, Flip chart, Case study, Brain storming
39	1.30 hrs	Office Bearers	 Eligibility and Qualities Roles and responsibilities President Secretary Treasurer Vice president Joint Secretary 	ILM, Flip chart, Case study, Brain storming
40	1.00 hr	VO sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage/CBRM Social action Need based committees Livelihoods Education Health/water & sanitation etc., Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, Flip chart, Case study, Brain storming
41	2.00 hrs	VO Services	Training and capacity building of SHGsSHG Member and leaders training	ILM, Flip chart, Case study, Brain storming, Short





S. No	Time	Торіс	Sub-Topics	Methodology
			 SHG book keepers training Active women training Financial services Savings Share capital Loans Social services Family counseling Prohibition of alcohol Child labour/ marriage, Insurance etc.) Technical services SHG audit and grading Development of social capital 	film
42	30 min	VO Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, Brain storming
43	30 min	VO Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, Brain storming
44	30 min	Community Activist/ Community Mobilizer	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, Brain storming
45	2.00 hrs	Source of Funds	 Internal Funds: Savings Entry Fee Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., Entitlement Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Other funds Bank Linkage (Bulk Finance) 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
46	1.30 hrs	Financial Norms	 Importance of financial norms Entry Fee Membership Share Capital Savings Deposits Interest Fines/Donations Resource Fee Service Charges etc Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Implementation of Norms 	ILM, Brain storming
47	1.00 hr	CBRM	 Importance Structure Formation functions Bank Mithra identification Training Positioning Registers to be maintained Payment of Honorarium CBRM Meeting Agenda. Role of Bank Manager 	ILM, Brain storming, Short film
48	1.30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO- SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
49	1.00 hr	Other Financial Institutions	 Types of financial institutions Tribal development corporations Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, Brain storming
50	1.30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrollment process Claim settlement Role of SHG, VO and CLF 	ILM, Brain storming, Short film
51	1.30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO VO Grading by CLF 	ILM, Brain storming
52	3.00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
53	1.30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
54	2.00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, PRA techniques
55	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
56	1.30 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation Documentation 	ILM, SGD
57	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations CSR 	Brain Storming, ILM





S. No	Time	Торіс	Sub-Topics	Methodology
			 Government Programs Monitoring by VO OB VO EC Sub committee 	
58		Livelihoods	 Farm and Off-Farm livelihoods Agriculture and Allied NTFP 	ILM, SGD
59	2.00 hrs	Tribal Livelihoods	 Understanding Tribal Livelihoods Objective Importance Concept Defining Livelihood Portfolio of livelihoods of a poor house hold 	ILM, Case Study & SGD
60	2.00 hrs	Livelihoods of Poor	 Types / Classification of Livelihoods Seasonality, Markets and Constraints and gaps 	ILM & Brain storming
61	2.00 hrs	Livelihood Principles	 Multiple Livelihoods Producers & Consumers Best practices Knowledge Skills Resources Micro & Macro 	ILM , Case Study, Brain storming & SGD
62	2.00 hrs	Sustainable Livelihoods approach	 Objectives Importance Four Arrows Six capitals Four Contexts 	ILM & Brain storming
63	2.00 hrs	NRLM Livelihoods Frame work	 Institutional platforms of poor Human and social capital Dedicated support institutions Livelihood services Building enabling environment (Partnerships & Convergence) 	ILM, Case Study, Brain storming & SGD
64	2.00 hrs	Livelihoods Assessment & Tools (PRA)	NeedObjectivesPrinciplesConsiderations	ILM, SGD & exercise





S. No	Time	Торіс	Sub-Topics	Methodology
65	4.00 hrs	Livelihoods Assessment Tools (PRLA)	 Transect Social Map Resource Map Time line Trade in trade out Income & expenditure Seasonality Analysis of existing livelihoods VCA Local Opportunities 	ILM, SGD & exercise
66	3.00 hrs	Livelihood Interventions	 Sub Project Ideas Sub Project Preparation - steps Sub project Cycle Larger Sub project Cycle Screening & Appraisal Grounding 	ILM, SGD & exercise
67	2.00 hrs	Agriculture	 Importance of Agriculture Cultivation Methods Hill Cultivation type Shifting cultivation Plain Agriculture Type Agriculture & Allied sectors 	ILM, SGD
68	3.00 hrs	MKSP	 Need and Importance Objectives Food Security Nutritional Security Gender friendly tools Drudgery reduction for women NTFP collectors & farmers 	ILM, Case Study, Brain storming & SGD
69	4.00 hrs	CMSA	 Need and Importance NPM/IPM/Integrated Nutrient Management methods Improved access of women in Agriculture Reduce cost of cultivation Soil Health Management Soil and Water Conservation Bio-Diversity Enhancement Poly cropping, Multi layer farming Indigenous best practices 	ILM, Case Study, Brain storming & SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Environment Protection	
70	6.00 hrs	NTFP	 Need and Importance of NTFP Constraints in Collection and Marketing Causes and Effects depletion Important NTFPs Potential survey of NTFP Supply of Physical Infrastructure Capacity building on sustainable tapping and scientific method of collection Proper orientation on quality control, packing and storage Harvesting and Post harvesting precautions Value addition Marketing of NTFPs Proper marketing tie-ups and remunerative price Sustainable cultivation of NTFPs Regular regeneration 	ILM, Case Study, Brain storming & SGD
71	6.00 hrs	Live Stock (Small Ruminants, Poultry, Ducks & Piggery)	 Importance of Live stock Objective Animal life cycle Production Fodder development & management Disease management Marketing 	ILM, Case Study, Brain storming & SGD ILM, Case Study, Brain storming & SGD
72	2.00 hrs	Fisheries	ImportanceObjectivesInland, Coastal & Marine	ILM, SGD
73	3.00 hrs	Value Chain Analysis	 Need Objective Concept Factors Uses 	ILM & exercise
74	3.00 hrs	Non- Farm Livelihoods	 Introduction Objectives Importance 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Employment & enterpriseInfluencing factors	
75	1.00 hr	Tribal Markets	 Need and Importance Market structure Major Problems Low level of Economic Activity Exploitation by Money lenders, Traders and Middle men Indebtedness Minor Forest Produce Weekly Markets Barter system Marketing System(Seller and Purchaser) Money lenders 	ILM, SGD
76	2.00 hrs	Skill enhancement	RSETISDDUGKY	ILM, SGD
77	4.00 hrs	Wage Employment	MGNREGS , MKSPROSHNI	ILM, SGD
78	4.00 hrs	Enterprise Promotion	 Objectives Importance Statutory compliances Source of finance & financial linkages Marketing Physical Infrastructure Skill up gradation EDP BDS Artisan Clusters Traditional Handicrafts 	ILM, SGD
79	2.00 hrs	Skill Development Programs and Entrepreneursh ip	 TRIFED,TSP,MDP, STDCCs, NSTFDC, NPSD, VKY, NSDCB and NSDC 	ILM, SGD
80	3.00 hrs	Entrepreneursh ip –SVEP	 Background &Need Objectives and expected outcomes Vision and scope Target Program structure and management 	ILM & Brainstorming





S. No	Time	Торіс	Sub-Topics	Methodology
			 Strategy Selection and startup phase Enterprise sustenance phase Cost structure Fund release process 	
81	3.00 hrs	Collectives/ Cooperatives	 Need and Importance of Collectives/ cooperatives a) Producers Cooperatives-Dairy, Agri b) Producer Groups-Livestock, Milch animals c) Collective Enterprises -off-farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
82	1.00 hr	Community Cadre Development	 Why Community Cadres Need & Importance Emergence who will be a community cadre identification training Positioning Monitoring Payment of honorarium 	ILM, SGD short film
83	1.00 hr	Types of Community Cadre	 SHG book keeper VO book keeper Various CRPs Community trainers (MCP, Book keeping, CRP trainers) Community Auditors Bima Mithra Bank Mithra Job mithra Van Sakhi Krushi Sakhi Swasth sakhi., 	Video, case study, ILM, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
84	1.00 hr	Van Sakhi/Forest Activist	 Need Eligibility identification training Positioning Job chart/ Roles & Responsibilities Monitoring payment of Honorarium 	ILM, SGD
85	1.00 hr	Service Charges/ Resource Fee	 Source of funds for community cadre honorarium Fixation of Service charges Collection & Payment Procedure at SHG-VO-CLF level Service charges for external organizations MoU 	Brain Storming, ILM
86	2.00 hrs	Rights and Entitlements	 Fundamental Rights Key entitlements: Need and Importance Anthyodaya Anna Yojana (AAY) NOAP MGNREGA- Job cards Housing Safe drinking water Sanitation PDS - Ration cards Health cards Tribal Id cards Voter cards Aadhar Pension cards ST certificates Land titles Insurance etc., Process to Access 	ILM, SGD, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
87	1.00 hr	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
88	3.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction on tribal society	 Tribal civilization Tribal Culture in India Tribal Traditions in India Adivasis (aborigins) 	ILM, Brain Storming
2	2.00 hrs	Tribal Issues	 Geographical Isolation Primitive traits Distinct Culture Self detachment Money lending Peripatetic traders Non tribal penetration Indebtedness Land alienation Forest laws and livelihood security Extremism Changing Markets & impact on subsistence economy Economic backwardness Lack of credit facilities De forestation Ecological degradation 	ILM, SGD, Brain Storming
3	3.00 hrs	Particularly Vulnerable Tribal Groups (PVTGs)	 Who are the PVTGs Diminishing population Socio -economic conditions Extinct tribal groups Hunting - Gathering economy Hunters, Fishers and Food Gathering Most under developed Barter system Subsistence Economy Band Organization Typical Ecological setting Primitive technology Shifting (Podu) cultivation Undeveloped language Behavior pattern Reciprocity Trade Political Organization 	ILM, SGD

II. Training on Tribal Development to SHG Members





S. No	Time	Торіс	Sub-Topics	Methodology
			Cultural barriers	
4	2.00 hrs	Problems of PVTGs	 Socio-cultural Problems Economic Problems Educational Problems Health and Hygiene Problems 	ILM, SGD
5	1,00 hr	Strategies for PVTGs Development	 Identification of PVTGs (75 PVTGs) Mobilization Building Institutions Capacity Building Rights and entitlements Access to Financial Institutions Livelihood Promotion Social Development Convergence 	ILM,SGD
6	3.00 hrs	Key Programs	 Health and nutritional Programs through ICDS Mid-Day meals Targeted Public Distribution System: Mobile medical and essential commodities distribution system Village grain bank scheme Safe drinking water Sanitation Malaria eradication system Electrification of Hamlets Education(SSA) Roads NRHM MGNREGS,PAY (Housing) Funds under Art 275 Inclusion - Formation of SHGs and Federations 	ILM, SGD
7	3.00 hrs	Schedule V (Constitutional provisions)	 Reservations (Education Institutions Government Parliament State Assemblies and Panchayats Fundamental Rights National Commission for STs Special Provisions Constitution of Tribal Advisory council (20Members) 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Governor -Convener Regulate allotment of land Regulate money lending business Development Programs Protective measures Land transfer regulations Legal aid Marketing of Agricultural and Minor Forest Produce Sale supply of essential commodities Bonded labour Recognition of Forest rights 	
8	2.00 hrs	Schedule-VI	 Autonomous District councils(30 Members) Autonomous Regions 5 Years tenure Making Land rules (Other than Reserved Forest) Water resources for Agriculture Regulation on Shifting cultivation Village committees Inheritance of property Primary schools Agriculture, Animal Husbandry Collection of Land revenue Imposition of Tax Grant of licenses Leases for minor Minerals Control money lending 	ILM,SGD
9	3.00 hrs	PESA Act 1996	 73rd Amendment Need and Importance of PESA act (Provisions of the Panchayat Extension to scheduled Areas Act,1996) Decentralized governance system Local self government Village / hamlet/tola etc., Gram Sabha Planning and Implementation Reservation of seats Land acquisition Rehabilitation Excise Village Institutions 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Minor Forest Produce(MFP) Employment generation Land alienation Water Resources Control over Village Markets Money lending Reservation of Seats Mining lease for Minor minerals Poverty alleviation Programs 	
10	3.00 hrs	Forest and Tribals	 Importance of Forest Forest - Tribals relationship Tribal economy Various types of Benefits Forest Villages Minor Forest Produce Exploitation by contractors Forest Labour cooperatives Tribal Unrest Forest Act-1998 The Schedule Tribes and other Traditional Forest Dwellers Act-2006 	ILM, SGD
11	2.00 hrs	Rollout strategy for tribal	 Need and importance of collectivization Steps in collectivization Exclusively PVTGs Hill area Tribals Plain area Tribals Mixed Tribals 	ILM, SGD
12	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on women Ways to come out 	ILM, SGD
13	2.00 hrs	Gender and Gender Roles	 Gender perspective of society Patriarchy Women Role in Society Gender Inequality 	ILM, SGD
14	1.00 hr	Gender-based Development	 How development of Women is development of society Women Literacy 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Women at work	
15	1.00 hr	Women's Rights	 Women's Status Right to Life, Right to Human Dignity & Security, Right to Development, Right to Participation Landmark legislation for protecting women's rights 	ILM, SGD
16	1.00 hr	Social Mobilization	 Need Tools-PRA, Skits, Nukkad Natak, Short- Films, Rallies, Posters, etc. Do's & Don'ts 	ILM, SGD
17	1.30 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of women SHG Formation process-when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
18		SHG norms	 Importance Formation Process Formulation of norms - who, when and where Types of norms Financial Social Management Bank Account opening 	ILM, SGD
19	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
20	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	ILM, SGD
21	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	ILM, SGD
22	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/ Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, Short Film, Flip chart, Case study, Brain storming, Game
23	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance 	Flip-charts, Short-films, Case study, Game





S. No	Time	Торіс	Sub-Topics	Methodology
			 Loan ledger Member pass book Need Identification Do's & Don'ts Honorarium 	
24	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
25	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, Short Film, Flip chart, Case study
26	1.00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, Brain storming
27	2.00 hrs	SHG Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	ILM, Flip chart, Case study
28	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest 	ILM, Short Film, Flip chart, Case study





S. No	Time	Торіс	Sub-Topics	Methodology
			Repayment	
29	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
30	1.30 hrs	Village Organization & Norms	 Need and Importance Role of SHGs in VO formation When to form (No. of SHGs, demography) Types of Norms Bank account opening process 	ILM, Flip chart, Case study, Brain storming, Short film
31	1:30 hrs	Tribe specific Federation	 Need and importance Objectives Structure based on the area Special provisions Relaxations (Financial & Non Financial) Simplified norms Specific needs & services Different CB modules 	ILM,FGD
32	2.00 hrs	VO Services	Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training Active women training Financial services Savings Share capital Loans Social services Family counseling Prohibition of alcohol Child labour/ marriage, Insurance etc.) Technical services SHG audit and grading Development of social capital 	ILM, Flip chart, Case study, Brain storming, Short film
33	30 min	Community Activist/	ImportanceRoles & responsibilities	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
		Community Mobilizer	Identification/selectionHonorarium	
34	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrollment process Claim settlement Role of SHG, VO and CLF. 	ILM, Brain storming, Short film
35	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (1&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD
36	1:30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
37	2.00 hrs	Tribal Livelihoods	 Understanding Tribal Livelihoods Objective Importance Concept Defining Livelihood Portfolio of livelihoods of a poor house hold 	ILM, Case Study & SGD
38	2.00 hrs	Agriculture	 Importance of Agriculture Cultivation Methods Hill Cultivation type Shifting cultivation 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Plain Agriculture TypeAgriculture & Allied sectors	
39	3.00 hrs	MKSP	 Need and Importance Objectives Food Security Nutritional Security Gender friendly tools Drudgery reduction for women NTFP collectors & farmers 	ILM, Case Study, Brain storming & SGD
40	4.00 hrs	CMSA	 Need and Importance NPM/IPM/Integrated Nutrient Management methods Improved access of women in Agriculture Reduce cost of cultivation Soil Health Management Soil and Water Conservation Bio-Diversity Enhancement Poly cropping, Multi layer farming Indigenous best practices Environment Protection 	ILM, Case Study, Brain storming & SGD
41	6.00 hrs	NTFP	 Need and Importance of NTFP Constraints in Collection and Marketing Causes and Effects depletion Important NTFPs Potential survey of NTFP Supply of Physical Infrastructure Capacity building on sustainable tapping and scientific method of collection Proper orientation on quality control, packing and storage Harvesting and Post harvesting precautions Value addition Marketing of NTFPs Proper marketing tie-ups and remunerative price Sustainable cultivation of NTFPs Regular regeneration 	ILM, Case Study, Brain storming & SGD





S. No	Time	Торіс	Sub-Topics	Methodology
42	6.00 hrs	Live Stock (Small Ruminants, Poultry, Ducks & Piggery)	 Importance of Live stock Objective Animal life cycle Production Fodder development & management Disease management Marketing 	ILM, Case Study, Brain storming & SGD ILM, Case Study, Brain storming & SGD
43	2.00 hrs	Fisheries	ImportanceObjectivesInland , Coastal & Marine	ILM, SGD
44	1.00 hr	Tribal Markets	 Need and Importance Market structure <u>Major Problems</u> Low level of Economic Activity Exploitation by Money lenders, Traders and Middle men Indebtedness Minor Forest Produce Weekly Markets Barter system Marketing System(Seller and Purchaser) Money lenders 	ILM, SGD
45	3.00 hrs	Collectives/ Cooperatives	 Need and Importance of Collectives/ cooperatives Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off-farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
46	1.00 hr	Community Cadre Development	 Why Community Cadres Need & Importance Emergence who will be a community cadre identification training Positioning Monitoring Payment of honorarium 	ILM, SGD short film





S. No	Time	Торіс	Sub-Topics	Methodology
47	1.00 hr	Types of Community Cadre	 SHG book keeper VO book keeper Various CRPs Community trainers (MCP, Book keeping, CRP trainers) Community Auditors Bima Mithra Bank Mithra Job mithra Van Sakhi Krushi Sakhi Swasth sakhi 	Video, case study, ILM, Brain Storming
48	1.00 hr	Van Sakhi/Forest Activist	 Need Eligibility identification training Positioning Job chart/ Roles & Responsibilities Monitoring payment of Honorarium 	ILM, SGD
50	2.00 hrs	Rights and Entitlements	 Fundamental Rights Key entitlements: Need and Importance Anthyodaya Anna Yojana (AAY) NOAP MGNREGA- Job cards Housing Safe drinking water Sanitation PDS - Ration cards Health cards Tribal Id cards Voter cards Aadhar Pension cards ST certificates Land titles Insurance etc., Process to Access Grievance filing process 	ILM, SGD, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction on tribal society	 Tribal civilization Tribal Culture in India Tribal Traditions in India Adivasis (aborigins) 	ILM, Brain Storming
2	2.00 hrs	Tribal Issues	 Geographical Isolation Primitive traits Distinct Culture Self detachment Money lending Peripatetic traders Non tribal penetration Indebtedness Land alienation Forest laws and livelihood security Extremism Changing Markets & impact on subsistence economy Economic backwardness Lack of credit facilities De forestation Ecological degradation 	ILM, SGD, Brain Storming
3	3.00 hrs	Particularly Vulnerable Tribal Groups (PVTGs)	 Who are the PVTGs Diminishing population Socio -economic conditions Extinct tribal groups Hunting - Gathering economy Hunters, Fishers and Food Gathering Most under developed Barter system Subsistence Economy Band Organization Typical Ecological setting Primitive technology Shifting (Podu) cultivation Undeveloped language Behavior pattern Reciprocity 	ILM, SGD

III. Training on Tribal Development to Leaders





S. No	Time	Торіс	Sub-Topics	Methodology
			TradePolitical OrganizationCultural barriers	
4	2.00 hrs	Problems of PVTGs	 Socio-cultural Problems Economic Problems Educational Problems Health and Hygiene Problems 	ILM, SGD
5	3.00 hrs	Key Programs	 Health and nutritional Programs through ICDS Mid-Day meals Targeted Public Distribution System: Mobile medical and essential commodities distribution system Village grain bank scheme Safe drinking water Sanitation Malaria eradication system Electrification of Hamlets Education(SSA) Roads NRHM MGNREGS,PAY (Housing) Funds under Art 275 Inclusion - Formation of SHGs and Federations 	ILM, SGD
6	3.00 hrs	Schedule V (Constitutional provisions)	 Reservations (Education Institutions Government Parliament State Assemblies and Panchayats Fundamental Rights National Commission for STs Special Provisions Constitution of Tribal Advisory council (20Members) Governor - Convener Regulate allotment of land Regulate money lending business 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Development Programs Protective measures Land transfer regulations Legal aid Marketing of Agricultural and Minor Forest Produce Sale supply of essential commodities Bonded labour Recognition of Forest rights 	
7	2:00 hrs	Schedule-VI	 Autonomous District councils (30 Members) Autonomous Regions 5 Years tenure Making Land rules(Other than Reserved Forest) Water resources for Agriculture Regulation on Shifting cultivation Village committees Inheritance of property Primary schools Agriculture, Animal Husbandry Collection of Land revenue Imposition of Tax Grant of licenses Leases for minor Minerals Control money lending 	ILM,SGD
8	3.00 hrs	PESA Act 1996	 73rd Amendment Need and Importance of PESA act (Provisions of the Panchayat Extension to scheduled Areas Act,1996) Decentralized governance system Local self government Village / hamlet/tola etc., Gram Sabha Planning and Implementation Reservation of seats Land acquisition Rehabilitation 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Excise Village Institutions Minor Forest Produce(MFP) Employment generation Land alienation Water Resources Control over Village Markets Money lending Reservation of Seats Mining lease for Minor minerals Poverty alleviation Programs 	
9	3.00 hrs	Forest and Tribals	 Importance of Forest Forest - Tribals relationship Tribal economy Various types of Benefits Forest Villages Minor Forest Produce Exploitation by contractors Forest Labour cooperatives Tribal Unrest Forest Act-1998 The Schedule Tribes and other Traditional Forest Dwellers Act- 2006 	ILM, SGD
10	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on women Ways to come out 	ILM, SGD
11	2.00 hrs	Gender and Gender Roles	 Gender perspective of society Patriarchy Women Role in Society Gender Inequality 	ILM, SGD
12	1.00 hr	Gender-based Development	 How development of Women is development of society Women Literacy Women at work 	ILM, SGD
13	1.00 hr	Women's Rights	 Women's Status Right to Life, Right to Human Dignity & Security, Right to Development, Right to 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			ParticipationLandmark legislation for protecting women's rights	
14	1.00 hr	Social Mobilization	 Need Tools-PRA, Skits, Nukkad Natak, Short-Films, Rallies, Posters, etc., Do's & Don'ts 	ILM, SGD
15	1.30 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of women SHG Formation process-when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
16		SHG norms	 Importance Formation Process Formulation of norms - who, when and where Types of norms Financial Social Management Bank Account opening 	ILM, SGD
17	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
18	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Special savings Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	
19	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	ILM, SGD
20	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, Short Film, Flip chart, Case study, Brain storming, Game





S. No	Time	Торіс	Sub-Topics	Methodology
21	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Need Identification Do's & Don'ts Honorarium 	Flip-charts, Short- films, Case study, Game
22	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
23	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, Short Film, Flip chart, Case study
24	1.00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, Brain storming
25	2.00 hrs	SHG Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	ILM, Flip chart, Case study
26	1.30	Community	Need & Importance	ILM, Short





S. No	Time	Торіс	Sub-Topics	Methodology
	hrs	Investment Fund (CIF)	 Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	Film, Flip chart, Case study
27	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
28	1.30 hrs	Village Organization & Norms	 Need and Importance Role of SHGs in VO formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process 	ILM, Flip chart, Case study, Brain storming, Short film
29	1.30 hrs	Tribe specific Federation	 Need and importance Objectives Structure based on the area Special provisions Relaxations (Financial & Non Financial) Simplified norms Specific needs & services Different CB modules 	
30	2.00 hrs	VO Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees 	ILM, Flip chart, Case study, Brain storming, Short film





S. No	Time	Торіс	Sub-Topics	Methodology
			 Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM, VBK etc., Other issues (if any) Recording and reading minutes Signatures of members 	
31	1.30 hrs	Functions of VO- General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming, Short film
32	1.30 hrs	Functions of VO- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming
33	1.00 hr	Functions of VO- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, Flip chart, Case study, Brain storming
34	1.30 hrs	Office Bearers	 Eligibility and Qualities Roles and responsibilities President Secretary Treasurer Vice president Joint Secretary 	ILM, Flip chart, Case study, Brain storming
35	1.00 hr	VO sub committees	Need and importanceSelection processNo. of Members in each	ILM, Flip chart, Case study, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
			committee Important committees Monitoring Bank linkage/CBRM Social action Need based committees Livelihoods Education Health/water & sanitation etc., Roles and Responsibilities Review of sub committees Tenure of the committee members	
36	2.00 hrs	VO Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training SHG book keepers training Active women training Financial services Savings Share capital Loans Social services Family counseling Prohibition of alcohol Child labour/ marriage, Insurance etc.) Technical services SHG audit and grading Development of social capital 	ILM, Flip chart, Case study, Brain storming, Short film
37	30 min	VO Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, Brain storming
38	30 min	VO Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
40	30 min	Community Activist/Commun ity Mobilizer	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, Brain storming
41	2.00 hrs	Source of Funds	 Internal Funds: Savings Entry Fee Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., Entitlement Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Other funds Bank Linkage (Bulk Finance) 	ILM, Brain storming
42	1.30 hrs	Financial Norms	 Importance of financial norms Entry Fee Membership Share Capital Savings Deposits Interest Fines/Donations Resource Fee Service Charges etc Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Implementation of Norms 	ILM, Brain storming
43	1.00 hr	CBRM	ImportanceStructureFormation	ILM, Brain storming, Short film





S. No	Time	Торіс	Sub-Topics	Methodology
			 functions Bank Mithra identification Training Positioning Registers to be maintained Payment of Honorarium CBRM Meeting Agenda. Role of Bank Manager 	
44	1.30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO- SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	ILM, Brain storming
45	1.00 hr	Other Financial Institutions	 Types of financial institutions Tribal development corporations Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, Brain storming
46	1.30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrollment process Claim settlement Role of SHG, VO and CLF 	ILM, Brain storming, Short film
47	1.30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
			 SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO VO Grading by CLF 	
48	3.00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD
49	1.30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques





S. No	Time	Торіс	Sub-Topics	Methodology
50	2.00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, PRA techniques
51	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
52	1.30 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation Documentation 	ILM, SGD
53	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations CSR Government Programs Monitoring by 	Brain Storming, ILM





S. No	Time	Торіс	Sub-Topics	Methodology
			 VO OB VO EC Sub committee 	
54	2.00 hrs	Tribal Livelihoods	 Understanding Tribal Livelihoods Objective Importance Concept Defining Livelihood Portfolio of livelihoods of a poor house hold 	ILM, Case Study & SGD
55	2.00 hrs	Agriculture	 Importance of Agriculture Cultivation Methods Hill Cultivation type Shifting cultivation Plain Agriculture Type Agriculture & Allied sectors 	ILM, SGD
56	3.00 hrs	MKSP	 Need and Importance Objectives Food Security Nutritional Security Gender friendly tools Drudgery reduction for women NTFP collectors & farmers 	ILM, Case Study, Brain storming & SGD
57	4.00 hrs	CMSA	 Need and Importance NPM/IPM/Integrated Nutrient Management methods Improved access of women in Agriculture Reduce cost of cultivation Soil Health Management Soil and Water Conservation Bio-Diversity Enhancement Poly cropping, Multi layer farming Indigenous best practices Environment Protection 	ILM, Case Study, Brain storming & SGD
58	6.00 hrs	NTFP	 Need and Importance of NTFP Constraints in Collection and Marketing Causes and Effects depletion Important NTFPs 	ILM, Case Study, Brain storming & SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Potential survey of NTFP Supply of Physical Infrastructure Capacity building on sustainable tapping and scientific method of collection Proper orientation on quality control, packing and storage Harvesting and Post harvesting precautions Value addition Marketing of NTFPs Proper marketing tie-ups and remunerative price Sustainable cultivation of NTFPs Regular regeneration 	
59	6.00 hrs	Live Stock (Small Ruminants, Poultry, Ducks & Piggery)	 Importance of Live stock Objective Animal life cycle Production Fodder development & management Disease management Marketing 	ILM, Case Study, Brain storming & SGD ILM, Case Study, Brain storming & SGD
60	2.00 hrs	Fisheries	ImportanceObjectivesInland , Coastal & Marine	ILM, SGD
61	1.00 hr	Tribal Markets	 Need and Importance Market structure Major Problems Low level of Economic Activity Exploitation by Money lenders, Traders and Middle men Indebtedness Minor Forest Produce Weekly Markets Barter system Marketing System(Seller and Purchaser) Money lenders 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
62	3.00 hrs	Collectives/ Cooperatives	 Need and Importance of Collectives/ cooperatives Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off-farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
63	1.00 hr	Community Cadre Development	 Why Community Cadres Need & Importance Emergence who will be a community cadre identification training Positioning Monitoring Payment of honorarium 	ILM, SGD short film
64	1.00 hr	Types of Community Cadre	 SHG book keeper VO book keeper Various CRPs Community trainers (MCP, Book keeping, CRP trainers) Community Auditors Bima Mithra Bank Mithra Job mithra Van Sakhi Krushi Sakhi Swasth sakhi 	Video, case study, ILM, Brain Storming
65	1.00 hr	Van Sakhi/Forest Activist	 Need Eligibility identification training Positioning Job chart/ Roles & Responsibilities Monitoring payment of Honorarium 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
66	1.00 hr	Service Charges/Resourc e Fee	 Source of funds for community cadre honorarium Fixation of Service charges Collection & Payment Procedure at SHG-VO-CLF level Service charges for external organizations MoU 	Brain Storming, ILM
67	2.00 hrs	Rights and Entitlements	 Fundamental Rights Key entitlements: Need and Importance Anthyodaya Anna Yojana (AAY) NOAP MGNREGA- Job cards Housing Safe drinking water Sanitation PDS - Ration cards Health cards Tribal Id cards Voter cards Aadhar Pension cards ST certificates Land titles Insurance etc., Process to Access Grievance filing process 	ILM, SGD, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction on tribal society	 Tribal civilization Tribal Culture in India Tribal Traditions in India Adivasis (aborigins) 	ILM, Brain Storming
2	2.00 hrs	Tribal Issues	 Geographical Isolation Primitive traits Distinct Culture Self detachment Money lending Peripatetic traders Non tribal penetration Indebtedness Land alienation Forest laws and livelihood security Extremism Changing Markets & impact on subsistence economy Economic backwardness Lack of credit facilities De forestation Ecological degradation 	ILM, SGD, Brain Storming

IV. Training on Tribal Development to Cadre





S. No	Time	Торіс	Sub-Topics	Methodology
3	3.00 hrs	Particularly Vulnerable Tribal Groups (PVTGs)	 Who are the PVTGs Diminishing population Socio -economic conditions Extinct tribal groups Hunting - Gathering economy Hunters, Fishers and Food Gathering Most under developed Barter system Subsistence Economy Band Organization Typical Ecological setting Primitive technology Shifting (Podu) cultivation Undeveloped language Behavior pattern Reciprocity Trade Political Organization Cultural barriers 	ILM, SGD
4	2.00 hrs	Problems of PVTGs	 Socio-cultural Problems Economic Problems Educational Problems Health and Hygiene Problems 	ILM, SGD
5		Strategies for PVTGs Development	 Identification of PVTGs (75 PVTGs) Mobilization Building Institutions Capacity Building Rights and entitlements Access to Financial Institutions Livelihood Promotion Social Development Convergence 	ILM, SGD
6	3.00 hrs	Key Programs	 Health and nutritional Programs through ICDS Mid-Day meals Targeted Public Distribution System: Mobile medical and essential 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 commodities distribution system Village grain bank scheme Safe drinking water Sanitation Malaria eradication system Electrification of Hamlets Education(SSA) Roads NRHM MGNREGS,PAY (Housing) Funds under Art 275 Inclusion - Formation of SHGs and Federations 	
7	3.00 hrs	Schedule V (Constitutional provisions)	 Reservations (Education Institutions Government Parliament State Assemblies and Panchayats Fundamental Rights National Commission for STs Special Provisions Constitution of Tribal Advisory council (20Members) Governor -Convener Regulate allotment of land Regulate money lending business Development Programs Protective measures Land transfer regulations Legal aid Marketing of Agricultural and Minor Forest Produce Sale supply of essential commodities Bonded labour Recognition of Forest rights 	ILM, SGD
8	2:00 hrs	Schedule-VI	 Autonomous District councils (30 Members) 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Autonomous Regions 5 Years tenure Making Land rules (Other than Reserved Forest) Water resources for Agriculture Regulation on Shifting cultivation Village committees Inheritance of property Primary schools Agriculture, Animal Husbandry Collection of Land revenue Imposition of Tax Grant of licenses Leases for minor Minerals Control money lending 	
9	3.00 hrs	PESA Act 1996	 73rd Amendment Need and Importance of PESA act (Provisions of the Panchayat Extension to scheduled Areas Act,1996) Decentralized governance system Local self government Village / hamlet/tola etc., Gram Sabha Planning and Implementation Reservation of seats Land acquisition Excise Village Institutions Minor Forest Produce(MFP) Employment generation Land alienation Water Resources Control over Village Markets Money lending Reservation of Seats Mining lease for Minor minerals 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Poverty alleviation Programs	
10	3.00 hrs	Forest and Tribals	 Importance of Forest Forest - Tribals relationship Tribal economy Various types of Benefits Forest Villages Minor Forest Produce Exploitation by contractors Forest Labour cooperatives Tribal Unrest Forest Act-1998 The Schedule Tribes and other Traditional Forest Dwellers Act-2006 	ILM, SGD
11	2.00 hrs	Rollout strategy for tribal	Need and importance of collectivization Steps in collectivization • Exclusively PVTGs • Hill area Tribals • Plain area Tribals • Mixed Tribals Need of Group formation	ILM, SGD
12	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on women Ways to come out 	ILM, SGD
13	2.00 hrs	Gender and Gender Roles	 Gender perspective of society Patriarchy Women Role in Society Gender Inequality 	ILM, SGD
14	1.00 hr	Gender-based Development	 How development of Women is development of society Women Literacy Women at work 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
15	1.00 hr	Women's Rights	 Women's Status Right to Life, Right to Human Dignity & Security, Right to Development, Right to Participation Landmark legislation for protecting women's rights 	ILM, SGD
16	1.00 hr	Social Mobilization	 Need Tools-PRA, Skits, Nukkad Natak, Short-Films, Rallies, Posters, etc., Do's & Don'ts 	ILM, SGD
17	1.30 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of women SHG Formation process-when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
18		SHG norms	 Importance Formation Process Formulation of norms - who, when and where Types of norms Financial Social Management Bank Account opening 	ILM, SGD
19	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
20	1.00 hr	SHG -Savings & loans	 Regular repayment Regular Book keeping Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest 	ILM, SGD
21	3.00 hrs	SHG Meeting Process	 Repayments Importance of Weekly Meeting Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
22	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/ Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, Short Film, Flip chart, Case study, Brain storming, Game
23	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Need Identification Do's & Don'ts Honorarium 	Flip-charts, Short- films, Case study, Game
24	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
25	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, Short Film, Flip chart, Case study
26	1.00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, Brain storming
27	2 hrs	SHG Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, 	ILM, Flip chart, Case study





S. No	Time	Торіс	Sub-Topics	Methodology
			social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade	
28	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, Short Film, Flip chart, Case study
29	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
30	1.30 hrs	Village Organization & Norms	 Need and Importance Role of SHGs in VO formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process 	ILM, Flip chart, Case study, Brain storming, Short film
31	1:30 hrs	Tribe specific Federation	 Need and importance Objectives Structure based on the area Special provisions Relaxations (Financial & Non Financial) Simplified norms Specific needs & services Different CB modules 	ILM, SGD
32	2.00	VO Meeting	Importance	ILM, Flip chart,





S. No	Time	Торіс	Sub-Topics	Methodology
	hrs	process	 Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,VBK etc., Other issues (if any) Recording and reading minutes 	Case study, Brain storming, Short film
33	1.30 hrs	Functions of VO- General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming, Short film
34	1.30 hrs	Functions of VO- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming
35	1.00 hr	Functions of VO- Office Bearers	Office bearers selection/ election process	ILM, Flip chart, Case study, Brain





S. No	Time	Торіс	Sub-Topics	Methodology
			TenureDelegated powersFrequency of meetingMeeting process	storming
36	1.30 hrs	Office Bearers	 Eligibility and Qualities Roles and responsibilities President Secretary Treasurer Vice president Joint Secretary 	ILM, Flip chart, Case study, Brain storming
37	1.00 hr	VO sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage/CBRM Social action Need based committees Livelihoods Education Health/water & sanitation etc., Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, Flip chart, Case study, Brain storming
38	2.00 hrs	VO Services	Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training Active women training Financial services Savings Share capital Loans Social services	ILM, Flip chart, Case study, Brain storming, Short film





S. No	Time	Торіс	Sub-Topics	Methodology
			 Family counseling Prohibition of alcohol Child labour/ marriage, Insurance etc.) Technical services SHG audit and grading Development of social capital 	
39	30 min	VO Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, Brain storming
40	30 min	VO Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, Brain storming
41	30 min	Community Activist/Commu nity Mobilizer	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, Brain storming
42	2:00 hrs	Source of Funds	 Internal Funds: Savings Entry Fee Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., Entitlement Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Other funds Bank Linkage (Bulk Finance) 	ILM, Brain storming
43	1:30	Financial Norms	Importance of financial norms	ILM, Brain





S. No	Time	Торіс	Sub-Topics	Methodology
	hrs		 Entry Fee Membership Share Capital Savings Deposits Interest Fines/Donations Resource Fee Service Charges etc Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Implementation of Norms 	storming
44	1:00 hr	CBRM	 Importance Structure Formation functions Bank Mithra identification Training Positioning Registers to be maintained Payment of Honorarium CBRM Meeting Agenda. Role of Bank Manager 	ILM, Brain storming, Short film
45	1:30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO- SHG Monitoring (subcommittee & DCB register) Grounding 	ILM, Brain storming





S. No	Time	Торіс	Sub-Topics	Methodology
			DocumentationRepayment	
46	1:00 hr	Other Financial Institutions	 Types of financial institutions Tribal development corporations Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, Brain storming
47	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrollment process Claim settlement Role of SHG, VO and CLF. 	ILM, Brain storming, Short film
48	1:30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO VO Grading by CLF 	ILM, Brain storming
49	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			 Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	
50	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
51	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, PRA techniques
52	1:30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
53	1:30 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation Documentation 	ILM, SGD
54	1:30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations CSR Government Programs Monitoring by VO OB VO EC Sub committee 	Brain Storming, ILM
55	2.00 hrs	Tribal Livelihoods	 Understanding Tribal Livelihoods Objective Importance Concept Defining Livelihood Portfolio of livelihoods of a poor house hold 	ILM, Case Study & SGD
56	2.00 hrs	Agriculture	 Importance of Agriculture Cultivation Methods Hill Cultivation type Shifting cultivation Plain Agriculture Type Agriculture & Allied sectors 	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
57	3.00 hrs	MKSP	 Need and Importance Objectives Food Security Nutritional Security Gender friendly tools Drudgery reduction for women NTFP collectors & farmers 	ILM, Case Study, Brain storming & SGD
58	4.00 hrs	CMSA	 Need and Importance NPM/IPM/Integrated Nutrient Management methods Improved access of women in Agriculture Reduce cost of cultivation Soil Health Management Soil and Water Conservation Bio-Diversity Enhancement Poly cropping, Multi layer farming Indigenous best practices Environment Protection 	ILM, Case Study, Brain storming & SGD
59	6.00 hrs	NTFP	 Need and Importance of NTFP Constraints in Collection and Marketing Causes and Effects depletion Important NTFPs Potential survey of NTFP Supply of Physical Infrastructure Capacity building on sustainable tapping and scientific method of collection Proper orientation on quality control, packing and storage Harvesting and Post harvesting precautions Value addition Marketing of NTFPs Proper marketing tie-ups and remunerative price Sustainable cultivation of NTFPs 	ILM, Case Study, Brain storming & SGD





S. No	Time	Торіс	Sub-Topics	Methodology
			Regular regeneration	
60	6.00 hrs	Live Stock (Small Ruminants, Poultry, Ducks & Piggery)	 Importance of Live stock Objective Animal life cycle Production Fodder development & management Disease management Marketing 	ILM, Case Study, Brain storming & SGD ILM, Case Study, Brain storming & SGD
61	2.00 hrs	Fisheries	ImportanceObjectivesInland , Coastal & Marine	ILM, SGD
62	3.00 hrs	Value Chain Analysis	 Need Objective Concept Factors Uses 	ILM & exercise
63	1.00 hr	Tribal Markets	 Need and Importance Market structure Major Problems Low level of Economic Activity Exploitation by Money lenders, Traders and Middle men Indebtedness Minor Forest Produce Weekly Markets Barter system Marketing System(Seller and Purchaser) Money lenders 	ILM, SGD
64	3.00 hrs	Non- Farm Livelihoods	 Introduction Objectives Importance Employment & enterprise Influencing factors 	ILM, SGD
65	2.00 hrs	Skill enhancement	RSETISDDUGKY	ILM, SGD





S. No	Time	Торіс	Sub-Topics	Methodology
66	4.00 hrs	Wage Employment	MGNREGS , MKSPROSHNI	ILM, SGD
67	3.00 hrs	Collectives/ Cooperatives	 Need and Importance of Collectives/ cooperatives Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off-farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
68	1.00 hr	Community Cadre Development	 Why Community Cadres Need & Importance Emergence who will be a community cadre identification training Positioning Monitoring Payment of honorarium 	ILM, SGD short film
69	1.00 hr	Types of Community Cadre	 SHG book keeper VO book keeper Various CRPs Community trainers (MCP, Book keeping, CRP trainers) Community Auditors Bima Mithra Bank Mithra Job mithra Van Sakhi Krushi Sakhi Swasth sakhi., 	Video, case study, ILM, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
70	1.00 hr	Van Sakhi/Forest Activist	 Need Eligibility identification training Positioning Job chart/ Roles & Responsibilities Monitoring payment of Honorarium 	ILM, SGD
71	1.00 hr	Service Charges/Resourc e Fee	 Source of funds for community cadre honorarium Fixation of Service charges Collection & Payment Procedure at SHG-VO-CLF level Service charges for external organizations MoU 	Brain Storming, ILM
72	2.00 hrs	Rights and Entitlements	 Fundamental Rights Key entitlements: Need and Importance Anthyodaya Anna Yojana (AAY) NOAP MGNREGA- Job cards Housing Safe drinking water Sanitation PDS - Ration cards Health cards Tribal Id cards Voter cards Aadhar Pension cards ST certificates Land titles Insurance etc., Process to Access Grievance filing process 	ILM, SGD, Brain Storming





S. No	Time	Торіс	Sub-Topics	Methodology
73	1.00 hr	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
74	3:30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming





V.Training on Tribal Development to Staff

S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction on tribal society	 Tribal civilization Tribal Culture in India Tribal Traditions in India Adivasis (aborigins) 	ILM, Brain Storming
2	2.00 hrs	Tribal History in India	 Tribal through Ages and their Aboriginality Ancient names Language Literature History of marginalization of tribal people in India Pre colonial Colonial Post independence Concept of Tribe Concept of Schedule Tribe Difference between tribe and Schedule tribe 	ILM, SGD
3	1.00 hr	Tribal Inclusion	 Tribes Inclusion Tribes as indigenous people Tribes in transition 	ILM, SGD
4	2:00 hrs	Tribal Issues	 Geographical Isolation Primitive traits Distinct Culture Self detachment Money lending Peripatetic traders Non tribal penetration Indebtedness Land alienation Forest laws and livelihood security Extremism Changing Markets & impact on subsistence economy Economic backwardness Lack of credit facilities De forestation 	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			Ecological degradation	
5	3.00 hrs	Particularly Vulnerable Tribal Groups (PVTGs)	 Who are the PVTGs Diminishing population Socio -economic conditions Extinct tribal groups Hunting - Gathering economy Hunters, Fishers and Food Gathering Most under developed Barter system Subsistence Economy Band Organization Typical Ecological setting Primitive technology Shifting (Podu) cultivation Undeveloped language Behavior pattern Reciprocity Trade Political Organization Cultural barriers 	ILM, SGD
6	2.00 hrs	Problems of PVTGs	 Socio-cultural Problems Economic Problems Educational Problems Health and Hygiene Problems 	ILM, SGD
7	2.00 hrs	Strategies for PVTGs Development	 Identification of PVTGs (75 PVTGs) Mobilization Building Institutions Capacity Building Rights and entitlements Access to Financial Institutions Livelihood Promotion Social Development Convergence 	ILM, SGD





S. No.	Time	Topic	Sub-Topics	Methodology
8	3.00 hrs	Key Programs	 Health and nutritional Programs through ICDS Mid-Day meals Targeted Public Distribution System: Mobile medical and essential commodities distribution system Village grain bank scheme Safe drinking water Sanitation Malaria eradication system Electrification of Hamlets Education(SSA) Roads NRHM MGNREGS,PAY (Housing) Funds under Art 275 Inclusion - Formation of SHGs and Federations 	ILM, SGD
9	3.00 hrs	Schedule V (Constitutional provisions)	 Reservations (Education Institutions Government Parliament State Assemblies and Panchayats Fundamental Rights National Commission for STs Special Provisions Constitution of Tribal Advisory council (20Members) Governor -Convener Regulate allotment of land Regulate money lending business Development Programs Land transfer regulations Legal aid Marketing of Agricultural and Minor Forest Produce Sale supply of essential 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			commodities • Bonded labour • Recognition of Forest rights	
10	2.00 hrs	Schedule-VI	 Autonomous District councils(30 Members) Autonomous Regions 5 Years tenure Making Land rules (Other than Reserved Forest) Water resources for Agriculture Regulation on Shifting cultivation Village committees Inheritance of property Primary schools Agriculture, Animal Husbandry Collection of Land revenue Imposition of Tax Grant of licenses Leases for minor Minerals Control money lending 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
11	3.00 hrs	PESA Act 1996	 73rd Amendment Need and Importance of PESA act (Provisions of the Panchayat Extension to scheduled Areas Act,1996) Decentralized governance system Local self government Village / hamlet/tola etc., Gram Sabha Planning and Implementation Reservation of seats Land acquisition Rehabilitation Excise Village Institutions Minor Forest Produce(MFP) Employment generation Land alienation Water Resources Control over Village Markets Money lending Reservation of Seats Mining lease for Minor minerals Poverty alleviation Programs 	ILM, SGD
12	3.00 hrs	Forest and Tribals	 Importance of Forest Forest - Tribals relationship Tribal economy Various types of Benefits Forest Villages Minor Forest Produce Exploitation by contractors Forest Labour cooperatives Tribal Unrest Forest Act-1998 The Schedule Tribes and other Traditional Forest Dwellers Act-2006 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
13	2.00 hrs	Rollout strategy for tribal	Need and importance of collectivization Steps in collectivization • Exclusively PVTGs • Hill area Tribals • Plain area Tribals • Mixed Tribals Need of Group formation	ILM, SGD
14	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on women Ways to come out 	ILM, SGD
15	2.00 hrs	Gender and Gender Roles	 Gender perspective of society Patriarchy Women Role in Society Gender Inequality 	ILM, SGD
16	1.00 hr	Gender-based Development	 How development of Women is development of society Women Literacy Women at work 	ILM, SGD
17	1.00 hr	Women's Rights	 Women's Status Right to Life, Right to Human Dignity & Security, Right to Development, Right to Participation Landmark legislation for protecting women's rights 	ILM, SGD
18	1.00 hr	Social Mobilization	 Need Tools-PRA, Skits, Nukkad Natak, Short-Films, Rallies, Posters, etc., Do's & Don'ts 	ILM, SGD
19	1.30 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of women SHG Formation process-when, where, whom & How? 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	
20		SHG norms	 Importance Formation Process Formulation of norms - who, when and where Types of norms Financial Social Management Bank Account opening 	ILM, SGD
21	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
22	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
23	3.00 hrs	SHG Meeting Process	 Interest Repayments Importance of Weekly Meeting Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading 	ILM, SGD
			Signatures of members	
24	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, Short Film, Flip chart, Case study, Brain storming, Game





S. No.	Time	Торіс	Sub-Topics	Methodology
25	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Need Identification Do's & Don'ts Honorarium 	Flip-charts, Short- films, Case study, Game
26	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM
27	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, Short Film, Flip chart, Case study
28	1.00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, Brain storming
29	2.00 hrs	SHG Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit 	ILM, Flip chart, Case study





S. No.	Time	Торіс	Sub-Topics	Methodology
			Need for gradingGrading parametersWho will grade	
30	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, Short Film, Flip chart, Case study
31	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
32	1.30 hrs	Village Organization & Norms	 Need and Importance Role of SHGs in VO formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process 	ILM, Flip chart, Case study, Brain storming, Short film
33	1.30 hrs	Tribe specific Federation	 Need and importance Objectives Structure based on the area Special provisions Relaxations (Financial & Non Financial) Simplified norms Specific needs & services Different CB modules 	





S. No.	Time	Topic	Sub-Topics	Methodology
34	2.00 hrs	VO Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,VBK etc., Other issues (if any) Recording and reading minutes Signatures of members 	ILM, Flip chart, Case study, Brain storming, Short film
35	1.30 hrs	Functions of VO- General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, Flip chart, Case study, Brain storming, Short film
36	1.30 hrs	Functions of VO- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure 	ILM, Flip chart, Case study, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			Frequency of meetingMeeting processMeeting agenda	
37	1.00 hr	Functions of VO- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, Flip chart, Case study, Brain storming
38	1.30 hrs	Office Bearers	 Eligibility and Qualities Roles and responsibilities President Secretary Treasurer Vice president Joint Secretary 	ILM, Flip chart, Case study, Brain storming
39	1.00 hr	VO sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage/CBRM Social action Need based committees Livelihoods Education Health/water & sanitation etc., Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, Flip chart, Case study, Brain storming
40	2.00 hrs	VO Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training Active women training 	ILM, Flip chart, Case study, Brain storming, Short film





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Financial services Savings Share capital Loans Social services Family counseling Prohibition of alcohol Child labour/ marriage, Insurance etc.) Technical services SHG audit and grading Development of social capital 	
41	30 min	VO Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, Brain storming
42	30 min	VO Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, Brain storming
43	30 min	Community Activist/ Community Mobilizer	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, Brain storming
44	2.00 hrs	Source of Funds	 Internal Funds: Savings Entry Fee Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., Entitlement Funds: Community Investment Fund(CIF) 	ILM, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Vulnerability Reduction Fund (VRF) Livelihood Fund Other funds Bank Linkage (Bulk Finance) 	
45	1.30 hrs	Financial Norms	 Importance of financial norms Entry Fee Membership Share Capital Savings Deposits Interest Fines/Donations Resource Fee Service Charges etc Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Implementation of Norms 	ILM, Brain storming
46	1.00 hr	CBRM	 Importance Structure Formation functions Bank Mithra identification Training Positioning Registers to be maintained Payment of Honorarium CBRM Meeting Agenda. Role of Bank Manager 	ILM, Brain storming, Short film
47	1.30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction 	ILM, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 process CIF Management Plan Installments Interest MoU between CLF-VO & VO-SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	
48	1.00 hr	Other Financial Institutions	 Types of financial institutions Tribal development corporations Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, Brain storming
49	1.30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrollment process Claim settlement Role of SHG, VO and CLF 	ILM, Brain storming, Short film
50	1.30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLF Social Audit Service charge Frequency of audit Grading importance 	ILM, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			Grading parametersSHGs Grading by VOVO Grading by CLF	
51	3.00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process > SHG level > VO level > CLF level 	ILM, SGD
52	1.30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
53	2.00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, PRA techniques
54	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			are not in SHG fold) Type of support Financial Social Other 	
55	1.30 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation Documentation 	ILM, SGD
56	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations CSR Government Programs Monitoring by VO OB VO EC Sub committee 	Brain Storming, ILM
57		Livelihoods	 Farm and Off-Farm livelihoods Agriculture and Allied NTFP 	ILM, SGD
58	2.00 hrs	Tribal Livelihoods	 Understanding Tribal Livelihoods Objective Importance 	ILM, Case Study & SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Concept Defining Livelihood Portfolio of livelihoods of a poor house hold 	
59	2.00 hrs	Livelihood Principles	 Multiple Livelihoods Producers & Consumers Best practices Knowledge Skills Resources Micro & Macro 	ILM , Case Study, Brain storming & SGD
60	2.00 hrs	Sustainable Livelihoods approach	 Objectives Importance Four Arrows Six capitals Four Contexts 	ILM & Brain storming
61	2.00 hrs	NRLM Livelihoods Frame work	 Institutional platforms of poor Human and social capital Dedicated support institutions Livelihood services Building enabling environment (Partnerships & Convergence) 	ILM, Case Study, Brain storming & SGD
62	2.00 hrs	Livelihoods Assessment & Tools (PRA)	 Need Objectives Principles Considerations 	ILM, SGD & exercise
63	4.00 hrs	Livelihoods Assessment Tools (PRLA)	 Transect Social Map Resource Map Time line Trade in trade out Income & expenditure Seasonality Analysis of existing livelihoods 	ILM, SGD & exercise





S. No.	Time	Торіс	Sub-Topics	Methodology
			VCALocal Opportunities	
64	3.00 hrs	Livelihood Interventions	 Sub Project Ideas Sub Project Preparation – steps Sub project Cycle Larger Sub project Cycle Screening & Appraisal Grounding 	ILM, SGD & exercise
65	2.00 hrs	Agriculture	 Importance of Agriculture Cultivation Methods Hill Cultivation type Shifting cultivation Plain Agriculture Type Agriculture & Allied sectors 	ILM, SGD
66	3.00 hrs	MKSP	 Need and Importance Objectives Food Security Nutritional Security Gender friendly tools Drudgery reduction for women NTFP collectors & farmers 	ILM, Case Study, Brain storming & SGD
67	4.00 hrs	CMSA	 Need and Importance NPM/IPM/Integrated Nutrient Management methods Improved access of women in Agriculture Reduce cost of cultivation Soil Health Management Soil and Water Conservation Bio-Diversity Enhancement Poly cropping, Multi layer farming Indigenous best practices Environment Protection 	ILM, Case Study, Brain storming & SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
68	6.00 hrs	NTFP	 Need and Importance of NTFP Constraints in Collection and Marketing Causes and Effects depletion Important NTFPs Potential survey of NTFP Supply of Physical Infrastructure Capacity building on sustainable tapping and scientific method of collection Proper orientation on quality control, packing and storage Harvesting and Post harvesting precautions Value addition Marketing of NTFPs Proper marketing tie-ups and remunerative price Sustainable cultivation of NTFPs Regular regeneration 	ILM, Case Study, Brain storming & SGD
69	6.00 hrs	Live Stock (Small Ruminants, Poultry, Ducks & Piggery)	 Importance of Live stock Objective Animal life cycle Production Fodder development & management Disease management Marketing 	ILM, Case Study, Brain storming & SGD ILM, Case Study, Brain storming & SGD
70	2.00 hrs	Fisheries	ImportanceObjectivesInland , Coastal & Marine	ILM, SGD
71	3.00 hrs	Value Chain Analysis	 Need Objective Concept Factors 	ILM & exercise





S. No.	Time	Торіс	Sub-Topics	Methodology
			• Uses	
72	3.00 hrs	Non- Farm Livelihoods	 Introduction Objectives Importance Employment & enterprise Influencing factors 	ILM, SGD
73	1.00 hr	Tribal Markets	 Need and Importance Market structure Major Problems Low level of Economic Activity Exploitation by Money lenders, Traders and Middle men Indebtedness Minor Forest Produce Weekly Markets Barter system Marketing System(Seller and Purchaser) Money lenders 	ILM, SGD
74	2.00 hrs	Skill enhancement	RSETISDDUGKY	ILM, SGD
75	4.00 hrs	Wage Employment	MGNREGS , MKSPROSHNI	ILM, SGD
76	4.00 hrs	Enterprise Promotion	 Objectives Importance Statutory compliances Source of finance & financial linkages Marketing Physical Infrastructure Skill up gradation EDP BDS Artisan Clusters Traditional Handicrafts 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
77	2.00 hrs	Skill Development Programs and Entrepreneurship	 TRIFED,MDP, VKY, TSP, NSTFDC, STDCCs, PMNCSD, NSDCB and NSDC 	ILM, SGD
78	3.00 hrs	Entrepreneurship – SVEP	 Background &Need Objectives and expected outcomes Vision and scope Target Program structure and management Strategy Selection and startup phase Enterprise sustenance phase Cost structure Fund release process 	ILM & Brainstorming
79	3.00 hrs	Collectives/ Cooperatives	 Need and Importance of Collectives/ cooperatives Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off- farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
80	1.00 hr	Community Cadre Development	 Why Community Cadres Need & Importance Emergence who will be a community cadre identification training Positioning Monitoring Payment of honorarium 	ILM, SGD short film
81	1.00 hr	Types of Community Cadre	 SHG book keeper VO book keeper Various CRPs Community trainers 	Video, case study, ILM, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 (MCP, Book keeping, CRP trainers) Community Auditors Bima Mithra Bank Mithra Job mithra Van Sakhi Krushi Sakhi Swasth sakhi., 	
82	1.00 hr	Van Sakhi/Forest Activist	 Need Eligibility identification training Positioning Job chart/ Roles & Responsibilities Monitoring payment of Honorarium 	ILM, SGD
83	1.00 hr	Service Charges/ Resource Fee	 Source of funds for community cadre honorarium Fixation of Service charges Collection & Payment Procedure at SHG-VO-CLF level Service charges for external organizations MoU 	Brain Storming, ILM
84	2.00 hrs	Rights and Entitlements	 Fundamental Rights Key entitlements: Need and Importance Anthyodaya Anna Yojana (AAY) NOAP MGNREGA- Job cards Housing Safe drinking water Sanitation PDS - Ration cards Health cards 	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Tribal Id cards Voter cards Aadhar Pension cards ST certificates Land titles Insurance etc., Process to Access Grievance filing process 	
85	1.00 hr	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
86	3.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming

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Persons with Disability Inclusion



There is now adequate evidence that Persons with Disability (PwD) own institutions improve their situation significantly.

Membership in SHG of PwD (PwD-SHG)

A Person having physical /sensory /mental challenge as per PwD Act 1995 and National Trust Act 2000 would be termed as PwD e.g. 01 (physical Impairment), PHI (speech and hearing Impairment) SHI (VI (Visual Impairment), MR (Mentally Retarded), CP (Cerebral Palsy), AU (Autism), LD (Learning Disability), LEC (Leprosy cure), MI (Mental illness) and MD (Multiple Disability-more than one type of disability mentioned above).

All PwDs (aged one year and above), irrespective of percentage of disability a person (even less than 40% of disability) can be a member of PwD-SHG and PwD-SHGs are eligible for all funds to communities (RF, VRF, CIF and LF) under NRLM -

 1-17 year person with disability, or a person with Mental Disability, MI or MR, could be represented through his/her legal guardian/parent/care-giver as member in the PwD-SHG. Legal guardian/parent/care-giver continues in her own SHG. However, the members of the concerned group are required to do monitoring to ensure that the person concerned is getting the benefit.





- An individual PwD would be a member of PwD-SHG and in case of more than one PwDs are in a household then each PwD would become the member of PwD-SHG as an individual member of PwD-SHG.
- If a woman with disability is already a member in the existing women SHG in the village, she would have the liberty to either continue in the same group or join the PwD-SHG. In case she decides to continue in the same group (non PwD-SHG), she should get all other benefit as a PwD.

Key Inclusion Steps for Identification, Mobilization and Institution Building of PwDs

At Mission level

- Sensitize the staff at SMMU, DMMU and BMMU in orientation/refresher workshops, community cadres, leaders, members and institutions to PwDs and working with them
- Develop Modules and Material -
 - PwD-SHG Practitioner's Manual (including perceptions on PwD)
 - o Sensitization/Awareness Building IEC Materials (Print and Digital)
 - o Training Module for community cadre on Rights and Entitlements of the PwD
 - Resource Module for community cadre on community based social security, Health & Nutrition (including mental health) and recreational needs of the PwD
 - Resource Module on PwD specific livelihoods
- Train and nurture CRPs to work with PwD Agenda

At Village and Cluster levels

- Initiate identification and mobilization of PwDs during the first CRP round itself
 - Mobilize PwDs into general SHGs or special PwD-SHGs. Being a marginalized group, creating special groups of PwD may be advantageous.
 - Mobilize active and assisted PwDs on a saturation mode. A process of selfselection can be adopted based on ability and agility.
 - Mobilize first PwDs included in the SECC (auto-included and at least 1 deprivation) and PwDs suffering under multiple vulnerabilities like single men/women, belonging to SC/ST and minority communities, elderly etc.
 - Adopt and strengthen existing PwD-SHGs, if any, in the village
- Facilitate Compliance on Panchasutra for each PwD-SHG with appropriate customization
- Facilitate community to identify 2-3 Active Women/village to be trained (including immersion/exposure visits to PwDSHGs and their federal immersion sites) and deployed as PwD Inclusion Cadres/CRPs





- Mandate Active Women, Inclusion/PwD CRPs and VOs to saturate mobilization; Involve Anganwadi and ASHA workers in PwD Agenda in the village
- Take up Capacity Building of the PwD-SHG members, leaders and cadres as per the plan. Note that there are three different kinds of differently abled people - Active, Assisted and Dependent PwDs and their Capacity Building needs and processes may be distinctly different.
- Facilitate PwD-SHG to access Revolving Fund
- Facilitate PwD-SHGs to get federated into VO (federation of women SHG at the village level). Like other women SHGs, PwD-SHGs are entitled to avail all benefits like CIF, VRF from the VO and higher level federations.
- Facilitate VO to have a sub-committee or a sub-group within Social Action Committee to regularly monitor and strengthen these PwD groups.
- Facilitate Vulnerability Reduction Plan to include plan for PwDs
- Facilitate Rehabilitation Support to PwDs
- Facilitate PwD centric and/or PwD friendly livelihoods and collectivization around these activities, where required/feasible
- Facilitate PwD-SHGs, for their solidarity, advocacy etc., into a separate exclusive federation at GP/cluster/block level and at higher levels





I.Training to Persons with Disability (PwD) Trainers

S. No.	Time	Торіс	Sub topic	Methodology
1	2.00 hrs	Introduction, Disability in India – World	Situation of PWDAncient (Puranas)Modern	ILM, SGD
2	1.00 hr	Disability in India – World	Population of PWDState wiseCountry wise	ILM, SGD
3	2.00 hrs	Analysis of Society	 Economic, Social, Culture & Political scenario & Situation of PwD 	ILM, SGD
4	3.00 hrs	Relation of Poverty – Disability	 Case study of disabled person Impact of Poverty 	ILM, SGD
5	1.30 hrs	Disability is a Development issue	 Development Welfare activities Empowerment	ILM, SGD
6	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on PwDs Ways to come out 	ILM, SGD
7	30 min	What is Disability	(Definition and discussions)	ILM, SGD
8	2.00 hrs	Types of Disability	 Ortho disability (Locomotor) Visual impairment Speech & Hearing impairment Mental retardation, Mental illness and Multiple disabilities 	ILM, SGD
9	4.00 hrs	Causes & Prevention of Disability	 Different causes Immunization Nutritional food Hygienic Child marriages Late marriages Different age group marriages 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Superstitious Lack of Hospital facilities Hereditary Diseases etc., 	
10	3.00 hrs	Detection of Delayed development children & Disability in early stage & Early Intervention	 Survey, Identification, Parental counseling, Assessment and Intervention 	ILM, SGD
11	3.00 hrs	Assessment & case study preparation	 Rapport building with Family Case History Formats filling Preliminary assessment Cases Demo Suggestion to Family 	ILM, SGD
12	3.00 hrs	Service Models	 Interventions of Disability Special schools, Inclusive schools. Home based instructions. Institution based. Community based services 	ILM, SGD
13	2.00 hrs	Community Based Rehabilitation (CBR)	 Community study, Social mobilization, Therapeutics and rehabilitation services 	ILM, SGD
14	2.00 hrs	Community Study	• Village study, demographic data, occupations details, Resource of the village	ILM, SGD
15	2.00 hrs	Social Inclusion	 Need and Importance Inclusion Process(Inclusive plays, Inclusive classes, Participation in Local Programs, Voluntary programs by SHGs VOs and CLDF Awareness Camps 	Flip chart, Case study, Brain storming, Game





S. No.	Time	Торіс	Sub topic	Methodology
			Cultural activities	
16	2.00 hrs	Social Mobilization – (Group work) Process	 Need and Importance Meeting with Village elders, Village level officers Survey Rapport Building,, Formation of SHG 	ILM, SGD, Brain storming, Game
17	2.00 hrs	Institution building	 SHG VO CLF BLF and DLF etc., 	ILM, SGD
18	2.00 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of PwD SHG Formation process-when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
19	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
20	1.00 hr	SHG –Savings & Ioans	Importance of SavingsTypes of savings	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Compulsory Savings Voluntary savings Special savings Types of loans Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	
21	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting, Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	ILM, SGD, Role play





S. No.	Time	Торіс	Sub topic	Methodology
22	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasur er etc., Qualities of a good leader Rotation of Leadership 	ILM, SGD, Short Film, Brain storming, Game
23	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Second phase books Cash book General ledger Monthly Progress Report Need Identification Do's & Don'ts Honorarium 	ILM, SGD
24	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM, SGD
25	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, SGD
26	1:00 hr	Interest Subvention	 Guidelines ➢ Eligibility 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			ProcedureAvailing process	
27	2.00 hrs	Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	ILM, SGD
28	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, SGD
29	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
30	1.00 hr	Village Organization	 There is No Separate Federation for PwDs at Village Level. PwD SHGs take membership in VO like General SHGs 	





S. No.	Time	Торіс	Sub topic	Methodology
31	1.30 hrs	Concept of Cluster Level Disabled Federation	 Need and Importance Role of SHGs in CLDF formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process Registration 	Case study, Brain storming, Role play
32	2.00 hrs	Cluster Level Disability Federation (CLDF) Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new Ioans Discussion on social issues Review of CA/CM ,BK etc., Other issues (if any) Recording and reading minutes Signatures of members 	ILM, Brain storming, Short film, Role play
33	1.30 hrs	Functions of CLDF-General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			Meeting processMeeting agenda	
34	1.30 hrs	Functions of CLDF-Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
35	1.00 hr	Functions of CLDF- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, SGD
36	1.30 hrs	President Secretary Treasurer Vice president Joint Secretary	Eligibility and QualitiesRoles and responsibilities	ILM, Flip chart, Case study, Brain storming
37	1.00 hr	CLDF sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage Rights & Social action Livelihoods Rehabilitation Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, SGD, Brain storming
38	2.00 hrs	CLDF Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers 	ILM, SGD, Brain storming, Short film





S. No.	Time	Торіс	Sub topic	Methodology
			 training CBR worker training Financial services Savings Share capital Loans Social services Family counseling Child labour/ marriage, Insurance etc.) Rehabilitation Services Assessment, Treatment and Rehabilitations (ATR) Parent Training of Persons with MR Provide Assistive Devices Surgical corrections Provide therapy services Focus on Early Detection and Intervention of Children with Delayed Development (CwDD) 	
39	30 min	CLDF Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, SGD
40	30 min	CLDF Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, SGD
41	30 min	Community Development Worker (CDW)	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
42	2:00 hrs	Source of Funds	 Internal Funds: Savings Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., External Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Grants from GOs & NGOs 	ILM, SGD
43	1:30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO-SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	ILM, SGD
44	1:00 hr	Other Financial Institutions	 Types of financial institutions Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, SGD
45	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Enrolment process Claim settlement Role of SHG, VO and CLF 	
46	1:30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLDF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO CLDF Grading by CLF 	ILM, SGD
47	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD
48	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
49	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute 	Brain storming, ILM, SGD, PRA techniques





S. No.	Time	Торіс	Sub topic	Methodology
			Trans Genders	
			 Chronic Diseases (TB, Cancer, HIV & Leprosy) 	
			 Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	
50	1:30 hrs	VRF Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
51	1.00 hr	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
52	3.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration 	ILM, Brain storming





S. No.	Time	Торіс	Sub topic	Methodology
			Songs & Stories	
53	2.00 hrs	Disability institutions	 CBOs DPOs NGOs and Network institutions 	ILM, SGD
54		Exposure & Study visits	Institutions,Special NGOs,Entrepreneurs etc.,	
55	2.00 hrs	Livelihoods Enhancement for Persons with Disability	 Self Employment, Wage Employment, EGS, Jobs 	ILM, SGD
56	2.00 hrs	Skill Development programs	 Centre for livelihoods for person with Disabilities, DDU-GKY, VRC (Vocational Rehabilitation centre), MSME 	ILM, SGD
57	2.00 hrs	Rights and entitlements Govt. Schemes	 Pensions, Scholarships Hostel accommodation, Free education, Marriage Incentive, Insurance etc., 	ILM, SGD
58	2.00 hrs	Govt. Schemes and ACTs for PwD	 Mentally Health Act 1989 RCI Act 1992 PWD Act 1995 National Trust Act (Multiple disability) 1999 	ILM, SGD
59	1.00 hr	Convergence with CSO, PRIs, NGOs, Govt. Institutions	Welfare of disabled dept, ICDS, Education (SSA), (RBS),Transport, Health scheme, Health Insurance etc.,	ILM, SGD
60	3.00 hrs	Special need based Programs for PwDs	 Neighborhood centre Manopragathi Early Intervention Aids and appliances, (PWD special needs) Parents association for MR & trainings) 	ILM, SGD
61	1.00 hr	Special provisions	• Allowances, IT exemption	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
62	1.00hr	Institutions (Referral)	 Rehabilitation (Referral) Institutions for PwDs Services 	ILM, SGD
63	1.00 hr	A) National Special institutions:	NIMH, NIVH, NIHH, NIOH, NIPMAD, NHFDC, IPH,, NIRTAR, Alimco) BIRRD TTD, SRAVANAM-TTD	ILM, SGD
64	1.00 hr	B) NGOs:	NCPEDP. THPI, Mobility India, Sweekar, Upkar, APD, Madhuram Narayan- Chennai, CBR forum, Commitments and Asha Jyoti)	ILM, SGD





II. Training to Persons with Disability (PwD) SHG Members

S. No.	Time	Торіс	Sub topic	Methodolog y
1	2.00 hrs	Introduction, Disability in India – World	Situation of PWDAncient (Puranas)Modern	ILM, SGD
2	3.00 hrs	Relation of Poverty - Disability	Case study of disabled personImpact of Poverty	ILM, SGD
3	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on PwDs Ways to come out 	ILM, SGD
4	30 min	What is Disability	(Definition and discussions)	ILM, SGD
5	2.00 hrs	Types of Disability	 Ortho disability (Locomotor) Visual impairment Speech & Hearing impairment Mental retardation, Mental illness and Multiple disabilities 	ILM, SGD
6	4.00 hrs	Causes & Prevention of Disability	 Different causes Immunization Nutritional food Hygienic Child marriages Late marriages Different age group marriages Superstitious Lack of Hospital facilities Hereditary Diseases etc., 	ILM, SGD
7	3.00 hrs	Detection of Delayed development children & Disability in early stage & Early Intervention	 Survey, Identification, Parental counseling, Assessment and Intervention 	ILM, SGD
8	3.00 hrs	Assessment & case study preparation	 Rapport building with Family Case History	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Formats filling Preliminary assessment Cases Demo Suggestion to Family 	
9	3.00 hrs	Service Models	 Interventions of Disability Special schools Inclusive schools Home based instructions. Institution based Community based services 	ILM, SGD
10	2.00 hrs	Community Based Rehabilitation (CBR)	 Community study, Social mobilization, Therapitics and rehabilitation services 	ILM, SGD
11	2.00 hrs	Social Inclusion	 Need and Importance Inclusion Process(Inclusive plays, Inclusive classes, Participation in Local Programs, Voluntary programs by SHGs VOs and CLDF Awareness Camps Cultural activities 	Flip chart, Case study, Brain storming, Game
12	2.00 hrs	Social Mobilization - (Group work) Process	 Need and Importance Meeting with Village elders, Village level officers Survey Rapport Building,, Formation of SHG 	ILM, SGD, Brain storming, Game
13	2.00 hrs	Institution building	 SHG VO CLF BLF and DLF etc., 	ILM, SGD
14	2.00 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of PwD SHG 123 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Formation process-when, where, whom & How? Non-negotiables in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	
15	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
16	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	ILM, SGD
17	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting, Sitting in circle Setting the agenda- 	ILM, SGD, Role play





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	
18	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasure r etc., Qualities of a good leader Rotation of Leadership 	ILM, SGD, Short Film, Brain storming, Game
19	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Second phase books Cash book General ledger Monthly Progress Report Need Identification 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Do's & Don'ts Honorarium 	
20	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
21	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, SGD
22	1:00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, SGD
23	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction How much Process of availing Utilization Interest Repayment 	ILM, SGD
24	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
25	2.00 hrs	Audit & Grading	Need for Audit	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Aspects of audit (funds, attendance, book keeping, social status etc.,) Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	
26	1.00 hr	Village Organization	 There is No Separate Federation for PwDs at Village Level. PwD SHGs take membership in VO like General SHGs 	
27	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD
28	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques





S. No.	Time	Торіс	Sub topic	Methodolog y
29	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, SGD, PRA techniques
30	1:30 hrs	VRF Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
31	1.30 hrs	Concept of Cluster Level Disabled Federation	 Need and Importance Role of SHGs in CLDF formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process Registration 	Case study, Brain storming, Role play
32	2.00 hrs	Cluster Level Disability Federation (CLDF) Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes 	ILM, Brain storming, Short film, Roleplay





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,BK etc., Other issues (if any) Recording and reading minutes Signatures of members 	
33	1.30 hrs	Functions of CLDF- General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
34	1.30 hrs	Functions of CLDF- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
35	1.00 hr	Functions of CLDF- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
36	1.30 hrs	President Secretary Treasurer Vice president Joint Secretary	Eligibility and QualitiesRoles and responsibilities	ILM, Flip chart, Case study, Brain storming
37	1.00 hr	CLDF sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage Rights & Social action Livelihoods Rehabilitation Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, SGD, Brain storming
38	2.00 hrs	CLDF Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training CBR worker training CBR worker training Financial services Savings Share capital Loans Social services Family counseling Child labour/ marriage, Insurance etc.) Rehabilitation Services Assessment, Treatment and Rehabilitations (ATR) 	ILM, SGD, Brain storming, Short film





S. No.	Time	Торіс	Sub topic	Methodolog y
			 Parent Training of Persons with MR Provide Assistive Devices Surgical corrections Provide therapy services Focus on Early Detection and Intervention of Children with Delayed Development (CwDD) 	
39	30 min	Community Development Worker (CDW)	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, SGD
40	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrolment process Claim settlement Role of SHG, VO and CLF 	ILM, SGD
41	2.00 hrs	Disability institutions	 CBOs DPOs NGOs and Network institutions 	ILM, SGD
42	2.00 hrs	Livelihoods Enhancement for Persons with Disability	• Self Employment, Wage Employment, EGS, Jobs	ILM, SGD
43	2.00 hrs	Skill Development programs	 Centre for livelihoods for person with Disabilities, DDU-GKY, VRC (Vocational Rehabilitation centre), MSME 	ILM, SGD
44	2.00 hrs	Rights and entitlements Govt. Schemes	 Pensions, Scholarships Hostel accommodation, Free education, Marriage Incentive, Insurance etc., 	ILM, SGD
45	2.00 hrs	Govt. Schemes and	Mentally Health Act 1989	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodolog y
		ACTs for PwD	 RCI Act 1992 PWD Act 1995 National Trust Act (Multiple disability) 1999 	
46	1.00 hr	Convergence with CSO, PRIs, NGOs, Govt. Institutions	Welfare of disabled dept, ICDS, Education (SSA), (RBS),Transport, Health scheme, Health Insurance etc.,	ILM, SGD
47	3.00 hrs	Special need based Programs for PwDs	 Neighborhood centre Manopragathi Early Intervention Aids and appliances, (PWD special needs) Parents association for MR & trainings) 	ILM, SGD
48	1.00 hr	Special provisions	Allowances, IT exemption	ILM, SGD
49	1.00 hr	Institutions (Referral)	 Rehabilitation (Referral) Institutions for PwDs Services 	ILM, SGD
50	1.00 hr	A) National Special institutions:	NIMH, NIVH, NIHH, NIOH, NIPMAD, NHFDC, IPH,, NIRTAR, Alimco) BIRRD TTD, SRAVANAM-TTD	ILM, SGD
51	1.00 hr	B) NGOs:	NCPEDP. THPI, Mobility India, Sweekar, Upkar, APD, Madhuram Narayan- Chennai, CBR forum, Commitments and Asha Jyoti)	ILM, SGD





III. Training to Persons with Disability (PwD) SHG & CLDF Leaders

S. No.	Time	Торіс	Sub topic	Methodology
1	2.00 hrs	Introduction, Disability in India – World	Situation of PWDAncient (Puranas)Modern	ILM, SGD
2	3.00 hrs	Relation of Poverty – Disability	Case study of disabled personImpact of Poverty	ILM, SGD
3	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on PwDs Ways to come out 	ILM, SGD
4	30 min	What is Disability	(Definition and discussions)	ILM, SGD
5	2.00 hrs	Types of Disability	 Ortho disability (Locomotor) Visual impairment Speech & Hearing impairment Mental retardation, Mental illness and Multiple disabilities 	ILM, SGD
6	4.00 hrs	Causes & Prevention of Disability	 Different causes Immunization Nutritional food Hygienic Child marriages Late marriages Different age group marriages Superstitious Lack of Hospital facilities Hereditary Diseases etc., 	ILM, SGD
7	3.00 hrs	Detection of Delayed development children & Disability in early stage & Early Intervention	 Survey, Identification, Parental counseling, Assessment and Intervention 	ILM, SGD
8	3.00 hrs	Assessment & case study	Rapport building with FamilyCase History	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
		preparation	 Formats filling Preliminary assessment Cases Demo Suggestion to Family 	
9	3.00 hrs	Service Models	 Interventions of Disability Special schools, Inclusive schools. Home based instructions. Institution based. Community based services 	ILM, SGD
10	2.00 hrs	Community Based Rehabilitation (CBR)	 Community study, Social mobilization, Therapitics and rehabilitation services 	ILM, SGD
11	2.00 hrs	Social Inclusion	 Need and Importance Inclusion Process(Inclusive plays, Inclusive classes, Participation in Local Programs, Voluntary programs by SHGs VOs and CLDF Awareness Camps Cultural activities 	Flip chart, Case study, Brain storming, Game
12	2.00 hrs	Social Mobilization – (Group work) Process	 Need and Importance Meeting with Village elders, Village level officers Survey Rapport Building,, Formation of SHG 	ILM, SGD, Brain storming, Game
13	2.00 hrs	Institution building	 SHG VO CLF BLF and DLF etc., 	ILM, SGD
14	2.00 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of PwD SHG Formation process-when, where, whom & How? 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Non-negotiables in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	
15	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
16	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	ILM, SGD
17	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting, Sitting in circle Setting the agenda- Prayer Introduction Attendance 	ILM, SGD, Role play





S. No.	Time	Торіс	Sub topic	Methodology
			 Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	
18	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasurer etc., Qualities of a good leader Rotation of Leadership 	ILM, SGD, Short Film, Brain storming, Game
19	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Second phase books Cash book General ledger Monthly Progress Report Need Identification Do's & Don'ts Honorarium 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
20	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM, SGD
21	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	ILM, SGD
22	1:00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, SGD
23	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction How much Process of availing Utilization Interest Repayment 	ILM, SGD
24	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
25	2.00 hrs	Audit & Grading	 Need for Audit Aspects of audit (funds, attendance, book keeping, social status etc.,) 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Who will do Frequency Audit fee Role of Members, Leaders and Book keeper during audit Need for grading Grading parameters Who will grade 	
26	1.00 hr	Village Organization	 There is No Separate Federation for PwDs at Village Level. PwD SHGs take membership in VO like General SHGs 	ILM,SGD
27	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	ILM, SGD
28	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
29	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders 	Brain storming, ILM, SGD, PRA techniques





S. No.	Time	Торіс	Sub topic	Methodology
			 Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	
30	1:30 hrs	VRF Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
31	1.30 hrs	Concept of Cluster Level Disabled Federation	 Need and Importance Role of SHGs in CLDF formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process Registration 	Case study, Brain storming, Role play





S. No.	Time	Торіс	Sub topic	Methodology
32	2.00 hrs	Cluster Level Disability Federation (CLDF) Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM, BK etc., Other issues (if any) Recording and reading minutes Signatures of members 	ILM, Brain storming, Short film, Role play
33	1.30 hrs	Functions of CLDF-General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
34	1.30 hrs	Functions of CLDF-Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Meeting agenda 	
35	1.00 hr	Functions of CLDF- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, SGD
36	1.30 hrs	President Secretary Treasurer Vice president Joint Secretary	Eligibility and QualitiesRoles and responsibilities	ILM, Flip chart, Case study, Brain storming
37	1.00 hr	CLDF sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage Rights & Social action Livelihoods Rehabilitation Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, SGD, Brain storming
38	2.00 hrs	CLDF Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training CBR worker training CBR worker training Financial services Savings Share capital Loans Social services Family counseling 	ILM, SGD, Brain storming, Short film





S. No.	Time	Торіс	Sub topic	Methodology
			 Child labour/ marriage, Insurance etc.) Rehabilitation Services Assessment, Treatment and Rehabilitations (ATR) Parent Training of Persons with MR Provide Assistive Devices Surgical corrections Provide therapy services Focus on Early Detection and Intervention of Children with Delayed Development (CwDD) 	
39	30 min	CLDF Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, SGD
40	30 min	CLDF Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, SGD
41	30 min	Community Development Worker (CDW)	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, SGD
42	2:00 hrs	Source of Funds	 Internal Funds: Savings Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., External Funds: Community Investment Fund (CIF) 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Grants from GOs & NGOs 	
43	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrolment process Claim settlement Role of SHG, VO and CLF 	ILM, SGD
44	2.00 hrs	Disability institutions	 CBOs DPOs NGOs and Network institutions 	ILM, SGD
45	2.00 hrs	Livelihoods Enhancement for Persons with Disability	 Self Employment, Wage Employment, EGS, Jobs 	ILM, SGD
46	2.00 hrs	Skill Development programs	 Centre for livelihoods for person with Disabilities, DDU-GKY, VRC (Vocational Rehabilitation centre), MSME 	ILM, SGD
47	2.00 hrs	Rights and entitlements Govt. Schemes	 Pensions, Scholarships Hostel accommodation, Free education, Marriage Incentive, Insurance etc., 	ILM, SGD
48	2.00 hrs	Govt. Schemes and ACTs for PwD	 Mentally Health Act 1989 RCI Act 1992 PWD Act 1995 National Trust Act (Multiple disability) 1999 	ILM, SGD
49	1.00 hr	Convergence with CSO, PRIs, NGOs, Govt. Institutions	Welfare of disabled dept, ICDS, Education (SSA), (RBS),Transport, Health scheme, Health Insurance etc.,	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
50	3.00 hrs	Special need based Programs for PwDs	 Neighborhood centre Manopragathi Early Intervention Aids and appliances (PWD special needs) Parents association for MR & trainings) 	ILM, SGD
51	1.00 hr	Special provisions	Allowances, IT exemption	ILM, SGD
52	1.00hr	Institutions (Referral)	 Rehabilitation (Referral) Institutions for PwDs Services 	ILM, SGD
53	1.00 hr	A) National Special institutions:	NIMH, NIVH, NIHH, NIOH, NIPMAD, NHFDC, IPH,, NIRTAR, Alimco) BIRRD TTD, SRAVANAM- TTD	ILM, SGD
54	1.00 hr	B) NGOs:	NCPEDP. THPI, Mobility India, Sweekar, Upkar, APD, Madhuram Narayan-Chennai, CBR forum, Commitments and Asha Jyoti)	ILM, SGD

IV. Training to Persons with Disability (PwD) Community Cadre

S. No.	Time	Торіс	Sub topic	Methodology
1	2.00 hrs	Introduction, Disability in India – World	Situation of PWDAncient (Puranas)Modern	ILM, SGD
2	3.00 hrs	Relation of Poverty - Disability	 Case study of disabled person Impact of Poverty 	ILM, SGD
3	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on PwDs Ways to come out 	ILM, SGD
4	30 min	What is Disability	(Definition and discussions)	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
5	2.00 hrs	Types of Disability	 Ortho disability (Locomotor) Visual impairment Speech & Hearing impairment Mental retardation, Mental illness and Multiple disabilities 	ILM, SGD
6	4.00 hrs	Causes & Prevention of Disability	 Different causes Immunization Nutritional food Hygienic Child marriages Late marriages Different age group marriages Superstitious Lack of Hospital facilities Hereditary Diseases etc., 	ILM, SGD
7	3.00 hrs	Detection of Delayed development children & Disability in early stage & Early Intervention	 Survey, Identification, Parental counseling, Assessment and Intervention 	ILM, SGD
8	3.00 hrs	Assessment & case study preparation	 Rapport building with Family Case History Formats filling Preliminary assessment Cases Demo Suggestion to Family 	ILM, SGD
9	3.00 hrs	Service Models	 Interventions of Disability Special schools, Inclusive schools. Home based instructions. Institution based. Community based services 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
10	2.00 hrs	Community Based Rehabilitation (CBR)	 Community study, Social mobilization, Therapitics and rehabilitation services 	ILM, SGD
11	2.00 hrs	Community Study	 Village study, demographic data, occupations details, Resource of the village 	ILM, SGD
12	2.00 hrs	Social Inclusion	 Need and Importance Inclusion Process(Inclusive plays, Inclusive classes, Participation in Local Programs, Voluntary programs by SHGs VOs and CLDF Awareness Camps Cultural activities 	Flip chart, Case study, Brain storming, Game
13	2.00 hrs	Social Mobilization – (Group work) Process	 Need and Importance Meeting with Village elders, Village level officers Survey Rapport Building,, Formation of SHG 	ILM, SGD, Brain storming, Game
14	2.00 hrs	Institution building	 SHG VO CLF BLF and DLF etc., 	ILM, SGD
15	2.00 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of PwD SHG Formation process-when, where, whom & How? Non-negotiables in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			Bank account opening	
16	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
17	1.00 hr	SHG –Savings & Ioans	 Importance of Savings Types of savings Compulsory Savings Voluntary savings Special savings Types of loans Small loans Small loans Consumption emergency Social needs Big loans Income Generation Livelihood promotion Education / Health Interest Repayments 	ILM, SGD
18	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting, Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and 	ILM, SGD, Role play





S. No.	Time	Торіс	Sub topic	Methodology
			other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the minutes and reading Signatures of members 	
19	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Treasure r etc., Qualities of a good leader Rotation of Leadership 	ILM, SGD, Short Film, Brain storming, Game
20	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Second phase books Cash book General ledger Monthly Progress Report Need Identification Do's & Don'ts Honorarium 	ILM, SGD
21	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
22	1.00 hr	SHG-Bank Linkage	NeedEligibility criteria	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Approach to bank Different Bank formats (withdrawals, paying slip etc.,) Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	
23	1:00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, SGD
24	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, SGD
25	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
26	1.00 hr	Village Organization	 There is No Separate Federation for PwDs at Village Level. PwD SHGs take membership in VO like General SHGs 	
27	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments (I&II) 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process SHG level VO level CLF level 	
28	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
29	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, SGD, PRA techniques
30	1:30 hrs	VRF Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
31	1.30 hrs	Concept of Cluster Level Disabled Federation	 Need and Importance Role of SHGs in CLDF formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process Registration 	Case study, Brain storming, Role play
32	2.00 hrs	Cluster Level Disability Federation (CLDF) Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,BK etc., Other issues (if any) Recording and reading minutes Signatures of members 	ILM, Brain storming, Short film, Role play
33	1.30 hrs	Functions of CLDF- General Body	 Importance Membership Delegated powers Responsibilities Tenure 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			Frequency of meetingMeeting processMeeting agenda	
34	1.30 hrs	Functions of CLDF- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
35	1.00 hr	Functions of CLDF- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, SGD
36	1.30 hrs	President Secretary Treasurer Vice president Joint Secretary	Eligibility and QualitiesRoles and responsibilities	ILM, Flip chart, Case study, Brain storming
37	1.00 hr	CLDF sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage Rights & Social action Livelihoods Rehabilitation Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, SGD, Brain storming
38	2.00 hrs	CLDF Services	Training and capacity	ILM, SGD,





S. No.	Time	Торіс	Sub topic	Methodology
			 building of SHGs SHG Member and leaders training SHG book keepers training CBR worker training CBR worker training CBR worker training Financial services Savings Share capital Loans Social services Family counseling Child labour/ marriage, Insurance etc.) Rehabilitation Services Assessment, Treatment and Rehabilitations (ATR) Parent Training of Persons with MR Provide Assistive Devices Surgical corrections Provide therapy services Focus on Early Detection and Intervention of Children with Delayed Development (CwDD) 	Brain storming, Short film
39	30 min	CLDF Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, SGD
40	30 min	CLDF Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, SGD
41	30 min	Community Development Worker (CDW)	ImportanceRoles & responsibilitiesIdentification/selection	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			• Honorarium	
42	2:00 hrs	Source of Funds	 Internal Funds: Savings Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., External Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) Livelihood Fund Bank Linkage (Bulk Finance) Grants from GOs & NGOs 	ILM, SGD
43	1:30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO-SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
44	1:00 hr	Other Financial Institutions	 Types of financial institutions Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, SGD
45	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrolment process Claim settlement Role of SHG, VO and CLF 	ILM, SGD
46	1:30 hrs	Audit & Grading	 Importance of Audit Types of Audit Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLDF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO CLDF Grading by CLF 	ILM, SGD
47	2.00 hrs	Disability institutions	 CBOs DPOs NGOs and Network institutions 	ILM, SGD
48	2.00 hrs	Livelihoods Enhancement for Persons with Disability	 Self Employment, Wage Employment, EGS, Jobs 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
49	2.00 hrs	Skill Development programs	 Centre for livelihoods for person with Disabilities, DDU-GKY, VRC (Vocational Rehabilitation centre), MSME 	ILM, SGD
50	2.00 hrs	Rights and entitlements Govt. Schemes	 Pensions, Scholarships Hostel accommodation, Free education, Marriage Incentive, Insurance etc., 	ILM, SGD
51	2.00 hrs	Govt. Schemes and ACTs for PwD	 Mentally Health Act 1989 RCI Act 1992 PWD Act 1995 National Trust Act (Multiple disability) 1999 	ILM, SGD
52	1.00 hr	Convergence with CSO, PRIs, NGOs, Govt. Institutions	Welfare of disabled dept, ICDS, Education (SSA), (RBS),Transport, Health scheme, Health Insurance etc.,	ILM, SGD
53	3.00 hrs	Special need based Programs for PwDs	 Neighborhood centre Manopragathi Early Intervention Aids and appliances, (PWD special needs) Parents association for MR & trainings) 	ILM, SGD
54	1.00 hr	Special provisions	Allowances, IT exemption	ILM, SGD
55	1.00hr	Institutions (Referral)	 Rehabilitation (Referral) Institutions for PwDs Services 	ILM, SGD
56	1.00 hr	A) National Special institutions:	NIMH, NIVH, NIHH, NIOH, NIPMAD, NHFDC, IPH,, NIRTAR, Alimco) BIRRD TTD, SRAVANAM-TTD	ILM, SGD
57	1.00 hr	B) NGOs:	NCPEDP. THPI, Mobility India, Sweekar, Upkar, APD, Madhuram Narayan- Chennai, CBR forum, Commitments and Asha Jyoti)	ILM, SGD





Training to Persons with Disability (PwD) Staff

S. No.	Time	Торіс	Sub topic	Methodology
1	2.00 hrs	Introduction, Disability in India – World	Situation of PWDAncient (Puranas)Modern	ILM, SGD
2	3.00 hrs	Relation of Poverty – Disability	Case study of disabled personImpact of Poverty	ILM, SGD
3	2.00 hrs	Analysis of Society	 Economic, Social, Culture & Political scenario. & Situation of PwD 	ILM, SGD
4	1.30 hrs	Vulnerability Analysis	 What is vulnerability Types of Vulnerability Vulnerability Impact on PwDs Ways to come out 	ILM, SGD
5	30 min	What is Disability	(Definition and discussions)	ILM, SGD
6	2.00 hrs	Types of Disability	 Ortho disability (Locomotor) Visual impairment Speech & Hearing impairment Mental retardation, Mental illness and Multiple disabilities 	ILM, SGD
7	4.00 hrs	Causes & Prevention of Disability	 Different causes Immunization Nutritional food Hygienic Child marriages Late marriages Different age group marriages Superstitious Lack of Hospital facilities Hereditary Diseases etc., 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
8	3.00 hrs	Detection of Delayed development children & Disability in early stage & Early Intervention	 Survey, Identification, Parental counseling Assessment and Intervention 	ILM, SGD
9	3.00 hrs	Assessment & case study preparation	 Rapport building with Family Case History Formats filling Preliminary assessment Cases Demo Suggestion to Family 	ILM, SGD
10	3.00 hrs	Service Models	 Interventions of Disability Special schools Inclusive schools Home based instructions Institution based Community based services 	ILM, SGD
11	2.00 hrs	Community Based Rehabilitation (CBR)	 Community study, Social mobilization, Therapitics and rehabilitation services 	ILM, SGD
12	2.00 hrs	Community Study	 Village study, demographic data, occupations details, Resource of the village 	ILM, SGD
13	2.00 hrs	Social Inclusion	 Need and Importance Inclusion Process(Inclusive plays, Inclusive classes, Participation in Local Programs, Voluntary programs by SHGs VOs and CLDF Awareness Camps Cultural activities 	Flip chart, Case study, Brain storming, Game





S. No.	Time	Торіс	Sub topic	Methodology
14	2.00 hrs	Social Mobilization – (Group work) Process	 Need and Importance Meeting with Village elders, Village level officers Survey Rapport Building, Formation of SHG 	ILM, SGD, Brain storming, Game
15	2.00 hrs	Institution building	SHGVOCLFBLF and DLF etc.,	ILM, SGD
16	2.00 hrs	SHG formation	 Purpose of SHG formation Difference between Mob & Group Need of PwD SHG Formation process- when, where, whom & How? Non-negotiable in SHG formation SHG naming Roles & Responsibilities of SHG leaders and Members Account opening process Documents required for Bank account opening 	ILM, SGD
17	2.00 hrs	SHG – Panchasutra	 What are the Panchasutra Need and importance Regular meeting Regular savings Regular internal lending Regular repayment Regular Book keeping 	ILM, SGD
18	1.00 hr	SHG –Savings & loans	 Importance of Savings Types of savings Compulsory 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			Savings > Voluntary savings > Special savings • Types of loans • Small loans > Consumption > emergency > Social needs • Big loans > Income Generation > Livelihood promotion > Education / Health • Interest • Repayments	
19	3.00 hrs	SHG Meeting Process	 Importance of Weekly Meeting, Sitting in circle Setting the agenda- Prayer Introduction Attendance Review of Previous Meeting minutes Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Other issues (if any) Recording the 	ILM, SGD, Role play





S. No.	Time	Торіс	Sub topic	Methodology
			minutes and readingSignatures of members	
20	2.00 hrs	Leadership	 Need of Leadership Selection of the leaders Leadership positions Roles & responsibilities of President/secretary/Tre asurer etc., Qualities of a good leader Rotation of Leadership 	ILM, SGD, Short Film, Brain storming, Game
21	1.30 hrs	SHG Books & Book keeper	 Need and Importance Types of books (Initial books) Minutes Savings & Attendance Loan ledger Member pass book Second phase books Cash book General ledger Monthly Progress Report Need Identification Do's & Don'ts Honorarium 	ILM, SGD
22	1.00 hr	Revolving Fund (RF)	 Criteria for RF Process Utilization Prioritization Benefits 	ILM,SGD
23	1.00 hr	SHG-Bank Linkage	 Need Eligibility criteria Approach to bank Different Bank formats (withdrawals, paying slip etc.,) 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Types of Loans Term Loan Cash Credit Line Documentation Process Repayment 	
24	1:00 hr	Interest Subvention	 Guidelines Eligibility Procedure Availing process 	ILM, SGD
25	1.30 hrs	Community Investment Fund (CIF)	 Need & Importance Eligibility criteria Who will sanction, How much Process of availing Utilization Interest Repayment 	ILM, SGD
26	3.00 hrs	Micro Credit Plan (MCP)	 Importance Analysis of member loans Types of loans (Consumption, IGA, Health, social etc.,) Eligibility of SHG Steps of MCP Process of MCP preparation MCP Appraisal by SHG 	ILM, Short Film, Case study (Sample MCP)
27	1.00 hr	Village Organization	 There is No Separate Federation for PwDs at Village Level. PwD SHGs take membership in VO like General SHGs 	
28	3:00 hrs	Vulnerability Reduction Fund	 Source Purpose Guidelines Eligibility to VO Criteria for availing VRF Release of Installments 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 (I&II) to VO by Project Release of VRF by VO to SHG Release of VRF to Non Members Constitution of VRF Sub committee Appraisal Process > SHG level > VO level > CLF level 	
29	1:30 hrs	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, Short film, Case study, PRA techniques
30	2:00 hrs	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization SECC 7 Deprivations Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of SHG & VO EC Participation of Key Persons Facilitation support by staff 	Brain storming, ILM, SGD, PRA techniques
31	1:30 hrs	VRF Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Financial Social Other 	
32	1.30 hrs	Concept of Cluster Level Disabled Federation	 Need and Importance Role of SHGs in CLDF formation When to form (no. of SHGs, demography) Types of Norms Bank account opening process Registration 	Case study, Brain storming, Role play
33	2.00 hrs	Cluster Level Disability Federation (CLDF) Meeting process	 Importance Frequency Sitting pattern "U" shape Meeting Agenda Prayer Introduction Attendance Review of Previous Meeting minutes Review of SHGs performance through MPR Review of functional committees Collection of Savings Collection of Loan installments, interest and other payments Receipts & Payments Sanctioning of new loans Discussion on social issues Review of CA/CM ,BK etc., 	ILM, Brain storming, Short film, Role play





S. No.	Time	Торіс	Sub topic	Methodology
			 Other issues (if any) Recording and reading minutes Signatures of members 	
34	1.30 hrs	Functions of CLDF- General Body	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
35	1.30 hrs	Functions of CLDF- Executive Committee	 Importance Membership Delegated powers Responsibilities Tenure Frequency of meeting Meeting process Meeting agenda 	ILM, SGD
36	1.00 hr	Functions of CLDF- Office Bearers	 Office bearers selection/ election process Tenure Delegated powers Frequency of meeting Meeting process 	ILM, SGD
37	1.30 hrs	President Secretary Treasurer Vice president Joint Secretary	 Eligibility and Qualities Roles and responsibilities 	ILM, Flip chart, Case study, Brain storming





S. No.	Time	Торіс	Sub topic	Methodology
38	1.00 hr	CLDF sub committees	 Need and importance Selection process No. of Members in each committee Important committees Monitoring Bank linkage Rights & Social action Livelihoods Rehabilitation Roles and Responsibilities Review of sub committees Tenure of the committee members 	ILM, SGD, Brain storming
39	2.00 hrs	CLDF Services	 Training and capacity building of SHGs SHG Member and leaders training SHG book keepers training CBR worker training Financial services Savings Share capital Loans Social services Family counseling Child labour/ marriage, Insurance etc.) Rehabilitation Services Assessment, Treatment and Rehabilitations (ATR) Parent Training of 	ILM, SGD, Brain storming, Short film





S. No.	Time	Торіс	Sub topic	Methodology
			 Persons with MR Provide Assistive Devices Surgical corrections Provide therapy services Focus on Early Detection and Intervention of Children with Delayed Development (CwDD) 	
40	30 min	CLDF Books	 Types of books Do's & don'ts in each book Preparation of Monthly progress Report 	ILM, SGD
41	30 min	CLDF Book keeper	 Importance Roles & responsibilities Identification/selection Honorarium and its process 	ILM, SGD
42	30 min	Community Development Worker (CDW)	 Importance Roles & responsibilities Identification/selection Honorarium 	ILM, SGD
43	2:00 hrs	Source of Funds	 Internal Funds: Savings Membership Share Capital Deposits Interest Fines/Donations Resource Fee Service Charges etc., External Funds: Community Investment Fund(CIF) Vulnerability Reduction Fund (VRF) 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Livelihood Fund Bank Linkage (Bulk Finance) Grants from GOs & NGOs 	
44	1:30 hrs	Community Investment Fund	 CIF Purpose Guidelines Advantages Eligibility for CLF Eligibility for VO Sanction process CIF Management Plan Installments Interest MoU between CLF-VO & VO-SHG Monitoring (subcommittee & DCB register) Grounding Documentation Repayment 	ILM, SGD
45	1:00 hr	Other Financial Institutions	 Types of financial institutions Cooperatives Private banks Government Departments etc., Advantages & disadvantages 	ILM, SGD
46	1:30 hrs	Insurance	 Need and importance Various insurance products/policies Individual &Group Asset & Live stock Enrolment process Claim settlement Role of SHG, VO and CLF 	ILM, SGD
47	1:30 hrs	Audit & Grading	Importance of AuditTypes of Audit	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
			 Community Audit SHG audit by VO VO audit by CLF Statutory Audit by CA VO & CLDF Social Audit Service charge Frequency of audit Grading importance Grading parameters SHGs Grading by VO CLDF Grading by CLF 	
48	1.00 hr	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
49	3.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming
50	2.00 hrs	Disability institutions	 CBOs DPOs NGOs and Network institutions 	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
51	2.00 hrs	Livelihoods Enhancement for Persons with Disability	 Self Employment, Wage Employment, EGS, Jobs 	ILM, SGD
52	2.00 hrs	Skill Development programs	 Centre for livelihoods for person with Disabilities, DDU-GKY, VRC (Vocational Rehabilitation centre), MSME 	ILM, SGD
53	2.00 hrs	Rights and entitlements Govt. Schemes	 Pensions, Scholarships Hostel accommodation, Free education, Marriage Incentive, Insurance etc., 	ILM, SGD
54	2.00 hrs	Govt. Schemes and ACTs for PwD	 Mentally Health Act 1989 RCI Act 1992 PWD Act 1995 National Trust Act (Multiple disability) 1999 	ILM, SGD
55	1.00 hr	Convergence with CSO, PRIs, NGOs, Govt. Institutions	Welfare of disabled dept, ICDS, Education (SSA), (RBS),Transport, Health scheme, Health Insurance etc.,	ILM, SGD
56	3.00 hrs	Special need based Programs for PwDs	 Neighborhood centre Manopragathi Early Intervention Aids and appliances, (PWD special needs) Parents association for MR &trainings) 	ILM, SGD
57	1.00 hr	Special provisions	Allowances, IT exemption	ILM, SGD
58	1.00hr	Institutions (Referral)	 Rehabilitation (Referral) Institutions for PwDs Services 	ILM, SGD
59	1.00 hr	A) National Special	NIMH, NIVH, NIHH,	ILM, SGD





S. No.	Time	Торіс	Sub topic	Methodology
		institutions:	NIOH, NIPMAD, NHFDC, IPH,, NIRTAR, Alimco) BIRRD TTD, SRAVANAM- TTD	
60	1.00 hr	B) NGOs:	NCPEDP. THPI, Mobility India, Sweekar, Upkar, APD, Madhuram Narayan-Chennai, CBR forum, Commitments and Asha Jyoti)	ILM, SGD

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Elderly Inclusion



There is now adequate evidence that Elders' own institutions improve their situation significantly. CBOs of Elderly are expected to emerge as strong affinity platforms for their social and economic security.

Membership in SHG of Elderly (ESHG)

All Elders (aged 55 years and above) can be a member of ESHG and ESHGs are eligible for all funds to communities (RF, VRF, CIF and LF) under NRLM -

- An individual Elder would be a member of ESHG and in case a household has more Elders then each Elder would become the member of ESHG as an individual member of ESHG (may be in different ESHGs).
- If an elderly woman is already a member in the existing women SHG in the village, she would have the liberty to either continue in the same group or join the ESHG. In case





she decides to continue in the same group (non ESHG), she should get all other benefit as an Elder.

Key Inclusion Steps for Identification, Mobilization and Institution Building of Elders

At Mission level

- Sensitize the staff at SMMU, DMMU and BMMU in orientation/refresher workshops, community cadres, leaders, members and institutions to Elders and working with them
- Develop Modules and Material -
 - ESHG Practitioner's Manual (including perceptions on Elderly)
 - Sensitization/Awareness Building IEC Materials (Print and Digital)
 - Training Module for community cadre on Rights and Entitlements of the Elderly
 - Resource Module for community cadre on community based Social Protection and Security, Health & Nutrition (including mental health) and recreational needs of the Elderly
 - Resource Module on Elders' specific livelihoods
- Train and nurture CRPs to work with Elderly Agenda

At Village and Cluster levels

- Initiate identification and mobilization of Elders during the first CRP round itself
 - Mobilize Elders into general SHGs or special ESHGs.
 - Mobilize active and assisted Elders on a saturation mode. A process of selfselection can be adopted based on ability and agility.
 - Mobilize first Elders included in the SECC (auto-included and at least 1 deprivation) and Elders suffering under multiple vulnerabilities like single elderly, belonging to SC/ST and minority communities, PwDs etc.
 - Adopt and strengthen existing ESHGs, if any, in the village
- Facilitate Compliance on Panchasutra for each ESHG with appropriate customization
- Facilitate community to identify 2-3 Active Women/village to be trained (including immersion/exposure visits to ESHGs and their federal immersion sites) and deployed as Elderly Inclusion Cadres/CRPs
- Mandate Active Women, Existing Cadres, Inclusion/Elderly CRPs and VO to saturate mobilization; Involve Anganwadi and ASHA workers in Elderly Agenda in the village
- Take up Capacity Building of the ESHG members, leaders and cadres as per the plan. Note that there are three distinct categories of elderly – Active (working), Assisted and Destitute Elders and their Capacity Building needs and processes may be distinctly different.





- Active/Working Elderly are mobile, have ability and physical strength to pursue livelihood activities, requires no help in performing activities of daily living (ADL) and in good health;
- Assisted elderly are mobile but with some difficulty, have ability to pursue livelihood activities, have no problem with activities of daily living, but suffer from joint pain or other non-communicable diseases like hypertension, or diabetes mellitus which require regular medical consultation and medicines.
- Destitute Elderly are generally immobile due to age or illness, Need assistance in performing activities of daily living, and requires continuous medicine and medical consultation and subsistence support. Destitute also mean one who is abandoned and has no own means of survival.
- Facilitate ESHG to access Revolving Fund
- Facilitate ESHGs to get federated into VO (federation of women SHG at the village level). Like other women SHGs, ESHGs are entitled to avail all benefits like CIF, VRF from the VO and higher level federations.
- Facilitate VO to have a sub-committee or a sub-group within Social Action Committee to regularly monitor and strengthen these Elders' groups.
- Facilitate Vulnerability Reduction Plan to include plan for Elders
- Facilitate Rehabilitation Support to Elders
- Facilitate Elder-centric and/or Elder-friendly livelihoods and collectivization around these activities, where required/feasible
- Facilitate ESHGs, for their solidarity, advocacy etc., into a separate exclusive federation at GP/cluster/block level and at higher levels





I. Trainers - Training on ESHG & Federation Concept and Management

S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction	Elderly population in India	ILM
2	1.30 hrs	Poverty, Vulnerability and Gender	 Who are poor Poverty Dynamics Poverty indicators Vulnerabilities Gender context & Impact 	ILM, Brain Storming
3	1.00 hr	Elderly Categories	Working ElderlyAssisted ElderlyDestitute Elderly	ILM, Brain Storming
4	1.30 hrs	Elderly Issues & Need for inclusion	Disadvantaged Elders Elders Issues Abuse Boredom (Idleness) Economic Insecurity Failing Health Chronic illnesses Fear Isolation Inability to Mainstream / Lack of Preparedness for Old Age Loss of Control Lowered self-esteem Neglect Need for ESHGs	ILM, SGD, Brain Storming
5	1.00 hr	ESHGs & Norms	 Who will be a Member Formation Process Bank Account opening Norms (Management, Social and Financial) 	ILM, SGD, Brain Storming
6	1.00 hr	"Sapta" sutra (Panchasutra+2)	Need and Importance Panchasutra + Two Principles • Regular Meetings • Regular Savings • Internal Lending • Repayment • Book keeping Solidarity	ILM, SGD





S. No.	Time	Topic	Sub-Topics	Methodology
			Collective Enterprises	
7	2.00 hrs	Services	 Social Services (entitlement related, health related, care related) Financial Services Livelihood Promotion Services General Development Services Other services 	ILM, SGD, Brain Storming
8	1.00 hr	Meeting Process	 Need and importance Frequency Sitting pattern Agenda Leadership/rotation of place and presiding Meeting Norms relaxation books of records 	ILM, SGD,
9	3.00 hrs	Financial Management	Need and Importance Internal Funds: Savings Interest Donations/Grants Fines Entitlement Funds: Revolving Fund Community Investment Fund Vulnerability Reduction Fund External funds Bank Linkage Interest Subvention Funds from Welfare Schemes Loans: Types of Loans Social Needs Consumption Needs Old debt servicing	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Financial Needs Health Needs Rate of Interest Decision on Interest Nominal General Interest free Grant Decision about Fines Repayment Installments Monitoring of Loans Documentation of Loans 	
10	2.00 hrs	Book Keeping & Book keeper	 Importance Types of books Book keeping process Suggested books: Minutes book Individual Pass book Loan Ledger Cash Book General Ledger MPR Book keeper Roles & Responsibilities 	ILM, SGD,
11	2.00 hrs	Leadership	Need and importance Qualities of a Leader Types of Leadership > Dictatorial > Nominal > Trouble Creator /manipulative > Democratic Election/ Selection process Tenure Roles & Responsibilities	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
12	1.00 hr	Problem Solving & Decision Making	 Definition of Problem Kinds of Problem Difference between Dispute and Problem Importance of Decision Making Types of Decisions Problem solving cycle Methods of Decision Making Implementation of Decision Making 	ILM, SGD
13	1.00 hr	Conflict resolution	 Understanding the conflict Types of conflicts Difference between interest and Demand Mediation negotiation finding win- win equation 	
14	1.00 hr	ESHG- Federation	 Need and Importance Structure Functions Formation (When & How) Membership Roles and responsibilities 	ILM, SGD
15	1.00 hr	Meeting Process	ImportanceFrequencySitting patternAgenda	
16	1.00 hr	Federation – OB and EC	 Process of selection Roles and responsibilities	
17	1.00 hr	Sub-committees	 Need and importance Typical sub committees Special sub committees CB of Sub committees Roles and responsibilities 	
18	1.30 hrs	Services	FinancialSocialTechnicalHealth	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			Rehabilitation	
19	1.00 hr	Funds to Community	 Revolving Fund (RF) Community Investment Fund (CIF) Vulnerable Reduction Fund (VRF) Bank linage interest Subvention Role of VO 	ILM, SGD
20	1.30 hrs	Micro Credit Plan (MCP)	 Need and Importance Steps: SHG comprehensive profile Members Socio-Economic & Vulnerable Profile Member wise Income & Expenditure Members Credit Investment Plan Prioritization & Rotation Plan MoU (Mem-SHG-VO-CLF) Appraisal process Documentation Grounding Monitoring 	ILM, SGD
21	1.00 hr	Vulnerability Reduction Fund	 Source of VRF Purpose of VRF VRF Guidelines Availing Process by VO 	ILM, SGD
22	1.00 hr	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, SGD
23	1.00 hr	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization > Orphans > Destitute 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
24	1.00 hr	Pre-requisite for incorporating in VRP	 Minimum age Mobilization of Vulnerable families Receipt of 1st t installment Orientation to Community and Cadres Preparation of list Member wise Income & Expenditure Village level analysis 	ILM, SGD
25	1.00 hr	Vulnerability Reduction Plan	 Need & Importance How to plan House hold level (Individual) Consolidation at SHG level Implementation of Plan 	ILM, SGD
26	1.00 hr	House hold level	 Income & Expenditure Vulnerability analysis Identification of Gaps/Resources and skills Personal plan/House hold Plan Support required (Social, Fin & Mktg, Skill etc.,) 	ILM, SGD
27	1.00 hr	SHG level plan	 Consolidation of HHs plan Role of SHG Facilitation support to Members SHG level Support plan preparation Prioritization of Vulnerabilities Appraisal by VO-EC at SHG level 	ILM, SGD
28	1:30 hrs	VO level plan	 Presentation of VRP by SHG at VO EC Appraisal by VO VO level consolidation Prioritization Identification of Resources (Fin & Non Fin) Preparation of Convergence plan 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			Implementation strategy	
29	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
30	2.00 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation period Documentation 	ILM, SGD
31	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations NGOs Trusts CSR Government Programs Monitoring by VO OB VO EC Sub committee 	Brain Storming, ILM
32	1.30 hrs	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment 	ILM, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			Participatory principles	
33	1.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming
34	3.00 hrs	Community cadre Development	 Need and Importance Elderly IB & CB - CRPs-Roles and responsibilities Health Care CRPs- Roles and responsibilities Primary Physiotherapy CRPs Roles and responsibilities 	
35	3.00 hrs	Services	 Need and Importance Shelter-CLF Food & Nutritional Security Social Security Physiotherapy, Ophthalmic care & Palliative care Mobile Medical Care Unit- Convergence/Tie- up/Partnership Generic Medical Shops through VO/CLF Integrated Elderly Community Centre(IECC) Health, Social Solidarity, Entertainment ,Historical places visit and Resource Centre 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 CBR for Destitute –H H Level, SHG Level and active support from VO 	
36	3.00 hrs	Platform for Collective action	 Need and Importance of Collective action bulk purchase and bulk sale Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off- farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
37	2.00 hrs	Convergence	 Need and Importance With PRIs Area Hospital- PHC Line departments Financial Institutions (Banks, Insurance and Remittances) legal Services NGOs and CSOs 	ILM, SGD
38	2.00 hrs	Rights and Entitlements	 Need and Importance Fundamental Rights Maintenance and welfare of parents and senior citizens Act,2007 Anthyodaya Anna Yojana (AAY) NOAP MGNREGA job cards/work Health Cards Senior citizen cards Bus & train fare concession Jeevan Dhara, Jeevan Sudha 	ILM, SGD
39	1.00 hr	Expert Institutes/Agencies	Various InstitutesHelp age India etc.,	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
40	3.00 hrs	Partnership	 Need and Importance Hospitals Research and Technology Media CSR NGOs CSOs Advocacy groups Literary and cultural groups 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction	Elderly population in India	ILM
2	1.30 hrs	Poverty, Vulnerability and Gender	 Who are poor Poverty Dynamics Poverty indicators Vulnerabilities Gender context & Impact 	ILM, Brain Storming
3	1.00 hr	Elderly Categories	Working ElderlyAssisted ElderlyDestitute Elderly	ILM, Brain Storming
4	1.30 hrs	Elderly Issues & Need for inclusion	Disadvantaged Elders Elders Issues Abuse Boredom (Idleness) Economic Insecurity Failing Health Chronic illnesses Fear Isolation Fear Isolation Inability to Mainstream / Lack of Preparedness for Old Age Loss of Control Lowered self-esteem Neglect Need for ESHGs	ILM, SGD, Brain Storming
5	1.00 hr	ESHGs & Norms	 Who will be a Member Formation Process Bank Account opening Norms (Management, Social and Financial) 	ILM, SGD, Brain Storming
6	1.00 hr	"Sapta" sutra	Need and Importance	ILM, SGD
7	2.00 hrs	Services	 Social Services (entitlement related, health related, care related) Financial Services Livelihood Promotion Services General Development Services 	ILM, SGD, Brain Storming

II. Training on ESHG & Federation Concept to the SHG Members





S. No.	Time	Торіс	Sub-Topics	Methodology
			Other services	
8	1.00 hr	Meeting Process	 Need and importance Frequency Sitting pattern Agenda Leadership/rotation of place and presiding Meeting Norms relaxation books of records 	ILM, SGD,
9	3.00 hrs	Financial Management	Need and Importance Internal Funds: Savings Interest Donations/Grants Fines Entitlement Funds: Revolving Fund Community Investment Fund Vulnerability Reduction Fund External funds Bank Linkage Interest Subvention Funds from Welfare Schemes Loans: Types of Loans Social Needs Social Needs Social Needs Social Needs Social Needs Health Needs Health Needs Rate of Interest Nominal General Interest free Grant Decision about Fines	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Repayment Installments Monitoring of Loans Documentation of Loans 	
10	2.00 hrs	Book Keeping & Book keeper	 Importance Types of books Book keeping process Suggested books: Minutes book Individual Pass book Loan Ledger Cash Book General Ledger MPR Book keeper Roles & Responsibilities 	ILM, SGD,
11	1.00 hr	ESHG- Federation	 Need and Importance Structure Functions Formation (When & How) Membership Roles and responsibilities 	ILM, SGD
12	1.00 hr	Meeting Process	 Importance Frequency Sitting pattern Agenda 	
13	1.30 hrs	Services	 Financial Social Technical Health Rehabilitation 	ILM, SGD
14	1.00 hr	Funds to Community	 Revolving Fund (RF) Community Investment Fund (CIF) Vulnerable Reduction Fund (VRF) Bank linage interest Subvention Role of VO 	ILM, SGD
15	1.30 hrs	Micro Credit Plan (MCP)	Need and Importance Steps:	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 SHG comprehensive profile Members Socio-Economic & Vulnerable Profile Member wise Income & Expenditure Members Cre.dit Investment Plan Prioritization & Rotation Plan MoU (Mem-SHG-VO-CLF) Appraisal process Documentation Grounding Monitoring 	
16	1.00 hr	Vulnerability Reduction Fund	 Source of VRF Purpose of VRF VRF Guidelines Availing Process by VO 	ILM, SGD
17	1.00 hr	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, SGD
18	1.00 hr	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of VO EC Participation of Key Persons Facilitation support by staff 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
19	1.00 hr	Pre-requisite for incorporating in VRP	 Minimum age Mobilization of Vulnerable families Receipt of 1st t installment Orientation to Community and Cadres Preparation of list Member wise Income & Expenditure Village level analysis 	ILM, SGD
20	1.00 hr	Vulnerability Reduction Plan	 Need & Importance How to plan House hold level (Individual) Consolidation at SHG level Implementation of Plan 	ILM, SGD
21	1.00 hr	House hold level	 Income & Expenditure Vulnerability analysis Identification of Gaps/Resources and skills Personal plan/House hold Plan Support required (Social, Fin & Mktg, Skill etc.,) 	ILM, SGD
22	1.00 hr	SHG level plan	 Consolidation of HHs plan Role of SHG Facilitation support to Members SHG level Support plan preparation Prioritization of Vulnerabilities Appraisal by VO-EC at SHG level 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
23	1:30 hrs	VO level plan	 Presentation of VRP by SHG at VO EC Appraisal by VO VO level consolidation Prioritization Identification of Resources (Fin & Non Fin) Preparation of Convergence plan Implementation strategy 	ILM, SGD
24	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
25	2.00 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation period Documentation 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
26	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations NGOs Trusts CSR Government Programs Monitoring by VO OB VO EC Sub committee 	Brain Storming, ILM
27	2.00 hrs	Intergenerational conflict and bond	 Understanding the changes in Social conditions Cultural practices Economic Dynamic Aspirations of the young Expectations vs aspirations Family welfare vs individual growth 	ILM, Brain storming
28	3.00 hrs	Community cadre Development	 Need and Importance Elderly IB & CB - CRPs-Roles and responsibilities Health Care CRPs- Roles and responsibilities Primary Physiotherapy CRPs Roles and responsibilities 	
29	3.00 hrs	Services	 Need and Importance Shelter-CLF Food & Nutritional Security Social Security Physiotherapy, Ophthalmic care & Palliative care Mobile Medical Care Unit-Convergence/Tie-up/ 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Partnership Generic Medical Shops through VO/CLF Integrated Elderly Community Centre(IECC) Health, Social Solidarity, Entertainment ,Historical places visit and Resource Centre CBR for Destitute -H H Level, SHG Level and active support from VO 	
30	3.00 hrs	Platform for Collective action	 Need and Importance of Collective action bulk purchase and bulk sale Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off- farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
31	2.00 hrs	Convergence	 Need and Importance With PRIs Area Hospital- PHC Line departments Financial Institutions (Banks, Insurance and Remittances) legal Services NGOs and CSOs 	ILM, SGD
32	2.00 hrs	Rights and Entitlements	 Need and Importance Fundamental Rights Maintenance and welfare of parents and senior citizens Act,2007 Anthyodaya Anna Yojana (AAY) NOAP 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 MGNREGA job cards/work Health Cards Senior citizen cards Bus & train fare concession Jeevan Dhara, Jeevan Sudha 	
33	1.00 hr	Expert Institutes/Agencies	Various InstitutesHelp age India etc.,	ILM, SGD
34	3.00 hrs	Partnership	 Need and Importance Hospitals Research and Technology Media CSR NGOs CSOs Advocacy groups Literary and cultural groups 	ILM, SGD





III.Training on ESHG & Federation C	Concept and Management to Leaders

S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction	Elderly population in India	ILM
2	1.30 hrs	Poverty, Vulnerability and Gender	 Who are poor Poverty Dynamics Poverty indicators Vulnerabilities Gender context & Impact 	ILM, Brain Storming
3	1.00 hr	Elderly Categories	Working ElderlyAssisted ElderlyDestitute Elderly	ILM, Brain Storming
4	1.30 hrs	Elderly Issues & Need for inclusion	Disadvantaged Elders Elders Issues Abuse Boredom (Idleness) Economic Insecurity Failing Health Chronic illnesses Fear Isolation Inability to Mainstream / Lack of Preparedness for Old Age Loss of Control Lowered self-esteem Neglect Need for ESHGs	ILM, SGD, Brain Storming
5	1.00 hr	ESHGs & Norms	 Who will be a Member Formation Process Bank Account opening Norms (Management, Social and Financial) 	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
6	1.00 hr	"Sapta" sutra (Panchasutra+2)	Need and Importance Panchasutra + Two Principles • Regular Meetings • Regular Savings • Internal Lending • Repayment • Book keeping Solidarity Collective Enterprises	ILM, SGD
7	2.00 hrs	Services	 Social Services (entitlement related, health related, care related) Financial Services Livelihood Promotion Services General Development Services Other services 	ILM, SGD, Brain Storming
8	1.00 hr	Meeting Process	 Need and importance Frequency Sitting pattern Agenda Leadership/rotation of place and presiding Meeting Norms relaxation books of records 	ILM, SGD
9	3.00 hrs	Financial Management	Need and Importance Internal Funds: Savings Interest Donations/Grants Fines 	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Entitlement Funds: Revolving Fund Community Investment Fund Vulnerability Reduction Fund 	
			 External funds Bank Linkage Interest Subvention Funds from Welfare Schemes 	
			Loans:	
			Types of Loans	
			 Social Needs Consumption Needs Old debt servicing Financial Needs Health Needs 	
			Rate of Interest	
			 Decision on Interest Nominal General Interest free Grant 	
			Decision about Fines	
			 Repayment Installments Monitoring of Loans Documentation of Loans 	





S. No.	Time	Торіс	Sub-Topics	Methodology
10	2.00 hrs	Book Keeping & Book keeper	 Importance Types of books Book keeping process Suggested books: Minutes book Individual Pass book Loan Ledger Cash Book General Ledger MPR Book keeper Roles & Responsibilities 	ILM, SGD,
11	2.00 hrs	Leadership	Need and importance Qualities of a Leader Types of Leadership > Dictatorial > Nominal > Trouble Creator /manipulative > Democratic Election/ Selection process Tenure Roles & Responsibilities	ILM, SGD
12	1.00 hr	Problem Solving & Decision Making	 Definition of Problem Kinds of Problem Difference between Dispute and Problem Importance of Decision Making Types of Decisions Problem solving cycle Methods of Decision Making Implementation of Decision Making 	ILM, SGD
13	1.00 hr	Conflict resolution	Understanding the	





S. No.	Time	Торіс	Sub-Topics	Methodology
			 conflict Types of conflicts Difference between interest and Demand Mediation negotiation finding win- win equation 	
14	1.00 hr	ESHG- Federation	 Need and Importance Structure Functions Formation (When & How) Membership Roles and responsibilities 	ILM, SGD
15	1.00 hr	Meeting Process	ImportanceFrequencySitting patternAgenda	
16	1.30 hrs	Services	 Financial Social Technical Health Rehabilitation 	ILM, SGD
17	1.00 hr	Funds to Community	 Revolving Fund (RF) Community Investment Fund (CIF) Vulnerable Reduction Fund (VRF) Bank linage interest Subvention Role of VO 	ILM, SGD
18	1.30 hrs	Micro Credit Plan (MCP)	Need and Importance Steps: • SHG comprehensive profile • Members Socio-	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Economic & Vulnerable Profile Member wise Income & Expenditure Members Cre.dit Investment Plan Prioritization & Rotation Plan MoU (Mem-SHG-VO-CLF) Appraisal process Documentation Grounding Monitoring 	
19	1.00 hr	Vulnerability Reduction Fund	 Source of VRF Purpose of VRF VRF Guidelines Availing Process by VO 	ILM, SGD
20	1.00 hr	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, SGD
21	1.00 hr	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of VO EC Participation of Key Persons Facilitation support by staff 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
22	1.00 hr	Pre-requisite for incorporating in VRP	 Minimum age Mobilization of Vulnerable families Receipt of 1st t installment Orientation to Community and Cadres Preparation of list Member wise Income & Expenditure Village level analysis 	ILM, SGD
23	1.00 hr	Vulnerability Reduction Plan	 Need & Importance How to plan House hold level (Individual) Consolidation at SHG level Implementation of Plan 	ILM, SGD
24	1.00 hr	House hold level	 Income & Expenditure Vulnerability analysis Identification of Gaps/Resources and skills Personal plan/House hold Plan Support required (Social, Fin & Mktg, Skill etc.,) 	ILM, SGD
25	1.00 hr	SHG level plan	 Consolidation of HHs plan Role of SHG Facilitation support to Members SHG level Support plan preparation Prioritization of Vulnerabilities Appraisal by VO-EC at SHG level 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
26	1:30 hrs	VO level plan	 Presentation of VRP by SHG at VO EC Appraisal by VO VO level consolidation Prioritization Identification of Resources (Fin & Non Fin) Preparation of Convergence plan Implementation strategy 	ILM, SGD
27	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
28	2.00 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation period Documentation 	ILM, SGD
29	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization > Special 	Brain Storming, ILM





S. No.	Time	Торіс	Sub-Topics	Methodology
			Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations NGOs Trusts CSR Government Programs Monitoring by VO OB VO CC Sub committee	
30	2.00 hrs	Intergenerational conflict and bond	 Understanding the changes in Social conditions Cultural practices Economic Dynamic Aspirations of the young Expectations vs aspirations Family welfare vs individual growth 	ILM, Brain storming
31	3.00 hrs	Community cadre Development	 Need and Importance Elderly IB & CB - CRPs- Roles and responsibilities Health Care CRPs- Roles and responsibilities Primary Physiotherapy CRPs Roles and responsibilities 	
32	3.00 hrs	Services	 Need and Importance Shelter-CLF Food & Nutritional Security 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Social Security Physiotherapy, Ophthalmic care & Palliative care Mobile Medical Care Unit-Convergence/Tie- up/Partnership Generic Medical Shops through VO/CLF Integrated Elderly Community Centre(IECC) Health, Social Solidarity, Entertainment ,Historical places visit and Resource Centre CBR for Destitute -H H Level, SHG Level and active support from VO 	
33	3.00 hrs	Platform for Collective action	 Need and Importance of Collective action bulk purchase and bulk sale Producers Cooperatives- Dairy, Agri Producer Groups- Livestock, Milch animals Collective Enterprises - off-farm and Non-farm- (Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
34	2.00 hrs	Convergence	 Need and Importance With PRIs Area Hospital- PHC Line departments Financial Institutions (Banks, Insurance and Remittances) legal Services NGOs and CSOs 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
35	2.00 hrs	Rights and Entitlements	 Need and Importance Fundamental Rights Maintenance and welfare of parents and senior citizens Act,2007 Anthyodaya Anna Yojana (AAY) NOAP MGNREGA job cards/work Health Cards Senior citizen cards Bus & train fare concession Jeevan Dhara, Jeevan Sudha 	ILM, SGD
36	1.00 hr	Expert Institutes/Agencies	Various InstitutesHelp age India etc.,	ILM, SGD
37	3.00 hrs	Partnership	 Need and Importance Hospitals Research and Technology Media CSR NGOs CSOs Advocacy groups Literary and cultural groups 	ILM, SGD





IV. Training on ESHG & Federation Concept and Management to Community Cadre

S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction	Elderly population in India	ILM
2	1.30 hrs	Poverty, Vulnerability and Gender	 Who are poor Poverty Dynamics Poverty indicators Vulnerabilities Gender context & Impact 	ILM, Brain Storming
3	1.00 hr	Elderly Categories	Working ElderlyAssisted ElderlyDestitute Elderly	ILM, Brain Storming
4	1.30 hrs	Elderly Issues & Need for inclusion	Disadvantaged Elders Elders Issues Abuse Boredom (Idleness) Economic Insecurity Failing Health Chronic illnesses Fear Isolation Inability to Mainstream / Lack of Preparedness for Old Age Loss of Control Lowered self-esteem Neglect Need for ESHGs	ILM, SGD, Brain Storming
5	1.00 hr	ESHGs & Norms	 Who will be a Member Formation Process Bank Account opening Norms (Management, Social and Financial) 	ILM, SGD, Brain Storming
6	1.00 hr	"Sapta" sutra (Panchasutra+2)	Need and Importance Panchasutra + Two Principles • Regular Meetings • Regular Savings • Internal Lending • Repayment • Book keeping Solidarity	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			Collective Enterprises	
7	2.00 hrs	Services	 Social Services (entitlement related, health related, care related) Financial Services Livelihood Promotion Services General Development Services Other services 	ILM, SGD, Brain Storming
8	1.00 hr	Meeting Process	 Need and importance Frequency Sitting pattern Agenda Leadership/rotation of place and presiding Meeting Norms relaxation books of records 	ILM, SGD,
9	3.00 hrs	Financial Management	 Need and Importance Internal Funds: Savings Interest Donations/Grants Fines Entitlement Funds: Revolving Fund Community Investment Fund Vulnerability Reduction Fund External funds Bank Linkage 	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Interest Subvention Funds from Welfare Schemes Loans: Types of Loans Social Needs Consumption Needs Old debt servicing Financial Needs Health Needs Rate of Interest Nominal General Interest free Grant Decision about Fines Repayment Installments Monitoring of Loans Documentation of Loans 	
10	2.00 hrs	Book Keeping & Book keeper	 Importance Types of books Book keeping process Suggested books: Minutes book Individual Pass book Loan Ledger Cash Book General Ledger MPR Book keeper Roles & Responsibilities 	ILM, SGD,





S. No.	Time	Торіс	Sub-Topics	Methodology
11	2.00 hrs	Leadership	Need and importance Qualities of a Leader Types of Leadership > Dictatorial > Nominal > Trouble Creator /manipulative > Democratic Election/ Selection process Tenure Roles & Responsibilities	ILM, SGD
12	1.00 hr	Problem Solving & Decision Making	 Definition of Problem Kinds of Problem Difference between Dispute and Problem Importance of Decision Making Types of Decisions Problem solving cycle Methods of Decision Making Implementation of Decision Making 	ILM, SGD
13	1.00 hr	Conflict resolution	 Understanding the conflict Types of conflicts Difference between interest and Demand Mediation negotiation finding win- win equation 	
14	1.00 hr	ESHG- Federation	 Need and Importance Structure Functions Formation (When & How) Membership Roles and responsibilities 	ILM, SGD
15	1.00 hr	Meeting Process	ImportanceFrequencySitting patternAgenda	





S. No.	Time	Торіс	Sub-Topics	Methodology
16	1.30 hrs	Services	 Financial Social Technical Health Rehabilitation 	ILM, SGD
17	1.00 hr	Funds to Community	 Revolving Fund (RF) Community Investment Fund (CIF) Vulnerable Reduction Fund (VRF) Bank linage interest Subvention Role of VO 	ILM, SGD
18	1.30 hrs	Micro Credit Plan (MCP)	 Need and Importance Steps: SHG comprehensive profile Members Socio-Economic & Vulnerable Profile Member wise Income & Expenditure Members Cre.dit Investment Plan Prioritization & Rotation Plan MoU (Mem-SHG-VO-CLF) Appraisal process Documentation Grounding Monitoring 	ILM, SGD
19	1.00 hr	Vulnerability Reduction Fund	 Source of VRF Purpose of VRF VRF Guidelines Availing Process by VO 	ILM, SGD
20	1.00 hr	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
21	1.00 hr	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., Role of VO EC Participation of Key Persons Facilitation support by staff 	ILM, SGD
22	1.00 hr	Pre-requisite for incorporating in VRP	 Minimum age Mobilization of Vulnerable families Receipt of 1st t installment Orientation to Community and Cadres Preparation of list Member wise Income & Expenditure Village level analysis 	ILM, SGD
23	1.00 hr	Vulnerability Reduction Plan	 Need & Importance How to plan House hold level (Individual) Consolidation at SHG level Implementation of Plan 	ILM, SGD
24	1.00 hr	House hold level	 Income & Expenditure Vulnerability analysis Identification of Gaps/Resources and skills Personal plan/House hold Plan Support required (Social, Fin & Mktg, Skill etc.,) 	ILM, SGD
25	1.00 hr	SHG level plan	 Consolidation of HHs plan Role of SHG Facilitation support to Members SHG level Support plan preparation 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Prioritization of Vulnerabilities Appraisal by VO-EC at SHG level 	
26	1:30 hrs	VO level plan	 Presentation of VRP by SHG at VO EC Appraisal by VO VO level consolidation Prioritization Identification of Resources (Fin & Non Fin) Preparation of Convergence plan Implementation strategy 	ILM, SGD
27	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
28	2.00 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation period Documentation 	ILM, SGD
29	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus 	Brain Storming, ILM





S. No.	Time	Торіс	Sub-Topics	Methodology
			 External Funds Mobilization Donations NGOs Trusts CSR Government Programs Monitoring by VO OB VO EC Sub committee 	
30	1.30 hrs	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
31	1.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods Difference between conventional and Participatory Methods Advantages & disadvantages Interactive lecture method (ILM) Case study Small Group Discussion(SGD) Role Play Learning Games Demonstration Songs & Stories 	ILM, Brain storming
32	3.00 hrs	Community cadre Development	 Need and Importance Elderly IB & CB -CRPs-Roles and responsibilities Health Care CRPs- Roles and responsibilities Primary Physiotherapy CRPs Roles and responsibilities 	
33	3.00 hrs	Services	 Need and Importance Shelter-CLF Food & Nutritional Security Social Security 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Physiotherapy, Ophthalmic care & Palliative care Mobile Medical Care Unit-Convergence/Tie-up/Partnership Generic Medical Shops through VO/CLF Integrated Elderly Community Centre(IECC) Health, Social Solidarity, Entertainment ,Historical places visit and Resource Centre CBR for Destitute -H H Level, SHG Level and active support from VO 	
34	3.00 hrs	Platform for Collective action	 Need and Importance of Collective action bulk purchase and bulk sale Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, Milch animals Collective Enterprises -off- farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	ILM, SGD
35	2.00 hrs	Convergence	 Need and Importance With PRIs Area Hospital- PHC Line departments Financial Institutions (Banks, Insurance and Remittances) legal Services NGOs and CSOs 	ILM, SGD
36	2.00 hrs	Intergenerational conflict and bond	 Understanding the changes in Social conditions Cultural practices Economic Dynamic Aspirations of the young Expectations vs 	ILM, Brain storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			aspirations ➤ Family welfare vs individual growth	
37	2.00 hrs	Rights and Entitlements	 Need and Importance Fundamental Rights Maintenance and welfare of parents and senior citizens Act,2007 Anthyodaya Anna Yojana (AAY) NOAP MGNREGA job cards/work Health Cards Senior citizen cards Bus & train fare concession Jeevan Dhara, Jeevan Sudha 	ILM, SGD
38	1.00 hr	Expert Institutes/Agencie s	Various InstitutesHelp age India etc.,	ILM, SGD
39	3.00 hrs	Partnership	 Need and Importance Hospitals Research and Technology Media CSR NGOs CSOs Advocacy groups Literary and cultural groups 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
1	1.00 hr	Introduction	Elderly population in India	ILM
2	1.00 hr	Elderly Categories	Working ElderlyAssisted ElderlyDestitute Elderly	ILM, Brain Storming
3	1.30 hrs	Elderly Issues & Need for inclusion	Disadvantaged Elders Elders Issues Abuse Boredom (Idleness) Economic Insecurity Failing Health Chronic illnesses Fear Isolation Inability to Mainstream / Lack of Preparedness for Old Age Loss of Control Lowered self-esteem Neglect Need for ESHGs	ILM, SGD, Brain Storming
4	1.00 hr	ESHGs & Norms	 Who will be a Member Formation Process Bank Account opening Norms (Management, Social and Financial) 	ILM, SGD, Brain Storming
5	1.00 hr	"Sapta" sutra (Panchasutra+2)	 Need and Importance Panchasutra + Two Principles Regular Meetings Regular Savings Internal Lending Repayment Book keeping Solidarity Collective Enterprises 	ILM, SGD
6	2.00 hrs	Services	• Social Services (entitlement related, health related, care	ILM, SGD, Brain

V. Training on ESHG & Federation Concept and Management to Staff





S. No.	Time	Торіс	Sub-Topics	Methodology
			related) Financial Services Livelihood Promotion Services General Development Services Other services 	Storming
7	1.00 hr	Meeting Process	 Need and importance Frequency Sitting pattern Agenda Leadership/rotation of place and presiding Meeting Norms relaxation books of records 	ILM, SGD,
8	3.00 hrs	Financial Management	Need and Importance Internal Funds: Savings Interest Donations/Grants Fines Entitlement Funds: Revolving Fund Community Investment Fund Vulnerability Reduction Fund External funds Bank Linkage Interest Subvention Funds from Welfare Schemes Loans: Types of Loans Social Needs Social Needs Old debt servicing Financial Needs Health Needs Rate of Interest Decision on Interest	ILM, SGD, Brain Storming





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Nominal General Interest free Grant Decision about Fines Repayment Installments Monitoring of Loans Documentation of Loans 	
9	2.00 hrs	Book Keeping & Book keeper	 Importance Types of books Book keeping process Suggested books: Minutes book Individual Pass book Loan Ledger Cash Book General Ledger MPR Book keeper Roles & Responsibilities 	ILM, SGD,
10	2.00 hrs	Leadership	Need and importance Qualities of a Leader Types of Leadership > Dictatorial > Nominal > Trouble Creator / manipulative > Democratic Election/ Selection process Tenure Roles & Responsibilities	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
11	1.00 hr	Problem Solving & Decision Making	 Definition of Problem Kinds of Problem Difference between Dispute and Problem Importance of Decision Making Types of Decisions Problem solving cycle Methods of Decision Making Implementation of Decision Making 	ILM, SGD
12	1.00 hr	Conflict resolution	 Understanding the conflict Types of conflicts Difference between interest and Demand Mediation negotiation finding win- win equation 	
13	1.00 hr	ESHG- Federation	 Need and Importance Structure Functions Formation (When & How) Membership Roles and responsibilities 	ILM, SGD
14	1.00 hr	Meeting Process	ImportanceFrequencySitting patternAgenda	
15	1.30 hrs	Services	 Financial Social Technical Health Rehabilitation 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
16	1.00 hr	Funds to Community	 Revolving Fund (RF) Community Investment Fund (CIF) Vulnerable Reduction Fund (VRF) Bank linage interest Subvention Role of VO 	ILM, SGD
17	1.30 hrs	Micro Credit Plan (MCP)	 Need and Importance Steps: SHG comprehensive profile Members Socio-Economic & Vulnerable Profile Member wise Income & Expenditure Members Cre.dit Investment Plan Prioritization & Rotation Plan MoU (Mem-SHG-VO-CLF) Appraisal process Documentation Grounding Monitoring 	ILM, SGD
18	1.00 hr	Vulnerability Reduction Fund	 Source of VRF Purpose of VRF VRF Guidelines Availing Process by VO 	ILM, SGD
19	1.00 hr	Vulnerability Assessment	 What is vulnerability Different vulnerabilities Assessment indicators SECC 7 Deprivations 	ILM, SGD
20	1.00 hr	Prioritization of Vulnerabilities	 Prioritization process Key elements in Prioritization Orphans Destitute Trans Genders Chronic Diseases (TB, Cancer, HIV & Leprosy) Distressed Migration etc., 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Role of VO EC Participation of Key Persons Facilitation support by staff 	
21	1.00 hr	Pre-requisite for incorporating in VRP	 Minimum age Mobilization of Vulnerable families Receipt of 1st t installment Orientation to Community and Cadres Preparation of list Member wise Income & Expenditure Village level analysis 	ILM, SGD
22	1.00 hr	Vulnerability Reduction Plan	 Need & Importance How to plan House hold level (Individual) Consolidation at SHG level Implementation of Plan 	ILM, SGD
23	1.00 hr	House hold level	 Income & Expenditure Vulnerability analysis Identification of Gaps/Resources and skills Personal plan/House hold Plan Support required (Social, Fin & Mktg, Skill etc.,) 	ILM, SGD
24	1.00 hr	SHG level plan	 Consolidation of HHs plan Role of SHG Facilitation support to Members SHG level Support plan preparation Prioritization of Vulnerabilities Appraisal by VO-EC at SHG level 	ILM, SGD
25	1:30 hrs	VO level plan	 Presentation of VRP by SHG at VO EC Appraisal by VO VO level consolidation Prioritization 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Identification of Resources (Fin & Non Fin) Preparation of Convergence plan Implementation strategy 	
26	1.30 hrs	Implementation Strategies	 Support strategies at VO level Support to HHs through SHG Direct Support to HHs (who are not in SHG fold) Type of support Financial Social Other 	ILM, SGD
27	2.00 hrs	VRF Management	 Opening of Separate Bank Account Preparation of Norms for VRF Fund Limitations & Approvals Lending process Repayment Process Rate of Interest Installments Without Interest Gestation period Documentation 	ILM, SGD
28	1.30 hrs	Mobilization of Fund & Monitoring	 Need for fund Mobilization Internal Fund Mobilization Special Contributions by Members Fund allocation from Surplus External Funds Mobilization Donations NGOs Trusts CSR Government Programs Monitoring by VO OB VO EC Sub committee 	Brain Storming, ILM





S. No.	Time	Торіс	Sub-Topics	Methodology
29	1.30 hrs	Adult Learning Principles	 Discussion on Adult Learning Principles Learning Environment Participatory principles 	ILM, Brain storming
30	1.30 hrs	Participatory Training Methods (PTM)	 Need and Importance of training Introduction of Participatory training methods 	ILM, Brain storming
31	3.00 hrs	Community cadre Development	 Need and Importance Elderly IB & CB -CRPs-Roles and responsibilities Health Care CRPs- Roles and responsibilities Primary Physiotherapy CRPs Roles and responsibilities 	
32	3.00 hrs	Services	 Need and Importance Shelter-CLF Food & Nutritional Security Social Security Physiotherapy, Ophthalmic care & Palliative care Mobile Medical Care Unit- Convergence/Tie- up/Partnership Generic Medical Shops through VO/CLF Integrated Elderly Community Centre(IECC) Health, Social Solidarity, Entertainment ,Historical places visit and Resource Centre CBR for Destitute -H H Level, SHG Level and active support from VO 	ILM, SGD
33	3.00 hrs	Platform for Collective action	 Need and Importance of Collective action bulk purchase and bulk sale Producers Cooperatives- Dairy, Agri Producer Groups-Livestock, 	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
			 Milch animals Collective Enterprises -off- farm and Non-farm-(Pickles, Sweets, Paper plates, Masala Powders, Candle Making etc.,) 	
34	2.00 hrs	Convergence	 Need and Importance With PRIs Area Hospital- PHC Line departments Financial Institutions (Banks, Insurance and Remittances) legal Services NGOs and CSOs 	ILM, SGD
35	2.00 hrs	Intergenerational conflict and bond	 Understanding the changes in Social conditions Cultural practices Economic Dynamic Aspirations of the young Expectations vs aspirations Family welfare vs individual growth 	ILM, Brain storming
36	2.00 hrs	Rights and Entitlements	 Need and Importance Fundamental Rights Maintenance and welfare of parents and senior citizens Act,2007 Anthyodaya Anna Yojana (AAY) NOAP MGNREGA job cards/work Health Cards Senior citizen cards Bus & train fare concession Jeevan Dhara, Jeevan Sudha 	ILM, SGD
37	1.00 hr	Expert Institutes/Agencie s	Various InstitutesHelp age India etc.,	ILM, SGD





S. No.	Time	Торіс	Sub-Topics	Methodology
38	3.00 hrs	Partnership	 Need and Importance Hospitals Research and Technology Media CSR NGOs CSOs Advocacy groups Literary and cultural groups 	ILM, SGD

